

# HOW SICK IS TOO SICK FOR SCHOOL?

Cold and flu season is here. See our tips for parents and caregivers:



## KEEP ME HOME:

### Fever

(higher than 100 degrees)

### Sore Throat

### Persistent Cough

### Strep Throat

### Vomiting or Diarrhea

### Abdominal Pain

(severe or long-lasting)

### Illness

(prevents from participating comfortably in activities)



## SEND ME TO SCHOOL:

### No Fever

(without fever-reducing medicine for 48 hours)

### Occasional Cough

(but no other symptoms)

### Strep Throat

(after 24 hours of treatment)

### No Vomiting or Diarrhea

(for 48 hours)

