# CEDAR RIDGE ELEMENTARY

4501 Cedar Hills Dr, Cedar Hills, UT 84062 • (801) 610-8103

Our Mission: To develop and enlighten the mind, encourage compassion and integrity, and promote responsible citizenship.

#### Principal's Message

Did you know that our school has several students with compromised immune systems? Students who have cystic fibrosis, muscular dystrophy, and cerebral palsy are not only more susceptible to getting sick, a simple infection can cause one of these students to end up in the emergency room.

Our teachers try to maintain sanitary classrooms through the use of hand sanitizer and disinfecting wipes, but we also depend on all parents to minimize the risks of their children spreading germs.

In order to reduce the exposure to other students and teachers, we are asking that you carefully review the following guidelines from the Utah County Health Department.

Children should be excluded from school if any of the following are noted:

- Fever of 100 degrees °F or above
- Nausea, vomiting, or diarrhea
- Unusual drowsiness or tiredness
- Sore throat, acute cold, or persistent cough
- Runny nose (thick green/yellow discharge)
- Red, inflamed, or discharging eyes
- Swollen glands around jaws, ears, or neck
- Any skin sore oozing of fluid or suspected impetigo

- Suspected lice (untreated)
- Earache
- An unexplained rash
- Symptoms which may suggest an acute illness

If your child shows any of these signs while he or she is at school, we will notify you immediately so you can take them home to recover.

These guidelines are also useful when considering taking your child to the store, church, or other public areas. By keeping sick children home, the chance of spreading illnesses is greatly reduced.

We also encourage parents to get their children immunized from the flu and other preventable diseases.

We greatly appreciate all that you do to ensure that your child is in school each and every day when healthy. Attendance is so important for student success. When your child is absent, please call the office and let us know. Thank you for your cooperation.

> Sincerely, *Jeremy Brunner* Princi<del>p</del>al

Stay Informed! Check out the school's website: cedarridge.alpinedistrict.org



#### <u>November</u>

- 1, Reflections Awards Night, 6:30pm
- 3, Picture Make-up Day
- 3, PTA Meeting, 10am
- 7-18, PTA Reading Contest
- 7, SCC Meeting, 3:40pm
- 10, PTA Chick Fil-A Night 5-8pm
- 11, End of 1st Trimester

23-25, Thanksgiving Break, No

School

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### **IMPORTANT INFORMATION**

#### **PTA News**

We want to thank publicly Brynn Reesor and Helena Rosales for all their help with PTA. They were each a great help to our PTA getting ready for this year.

We also want to welcome Cori Harris our new Fundraising VP. We also want to thank Mary Seaquist for a fun Wellness Week in September, Katrina Ross for organizing the Book Fair volunteers, Stephanie Thomas and her committee for the delicious dinners for the teachers over SEPs, Amber Bonner for organizing the WATCH Dogs program and Courtney Rasband and her committee for putting together an awesome Reflections program.

We are blessed to have so many great parents who run the programs and volunteer all the time. We are in need of more volunteers for some of our programs. If you would like to help this year or be on our PTA board next year please email Rachelle Pew at sevenyips@gmail.com.

#### Make-up Picture Day

Missed picture day? Unhappy with the pictures from earlier this year? Make-up Picture Day is this Thursday, November 3rd.





See <u>http://alpineschools.org/bond2016/</u> for more information about the bond that is on the ballot.

PTA Advocacy The State PTA would like us to announce their support of Amendment B to increase the distribution of Trustland funds to schools. To find more information, see <u>amendmentb.com</u>.

The Regional PTA would like us to announce their support of the Alpine School District Bond. For more information go to <u>http://</u> <u>alpineschools.org/bond2016/</u>. The bond will not increase your property taxes that go to Alpine School District.

## Use Amazon.com for Christmas Shopping?

Don't forget our school can get 5% back for every purchase you make. Click on the 'A' button on the top right of our website before shopping!



#### Parenting Conference

The State PTA is sponsoring a Vital Issues Conference on November 7th: http://www.utahpta.org/ announcement/vital-issuesconference-advocacy-conference

"Healthy Relationships Utah, a branch of Utah State University Extension, is offering FREE fatherhood courses throughout Utah County. If you want to get some new perspectives on what it means to be a father, or brush up on your fathering skills, check out one of these fun, practical courses:

#### Fathering With Love and Logic™ Home Run Dads

Seats are limited and prior registration is required, so visit <u>https://goo.gl/ALVn5u</u> now to sign up for a class that works for you. Questions? Contact Dallin Belt at (801)822-1852 or dallin.belt@usu.edu