



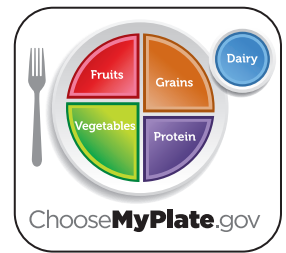
Breakfast \$ 1.00
 Visitor/Adult \$1.50
 Preschool \$1.50
 Ala carte Milk \$.30

ELEMENTARY MENU 2013-14

Menus Subject to Change

Lunch \$1.75
 Visitor/Adult \$3.00
 Preschool \$3.00
 Ala carte Milk \$.30

Alpine Cedar Ridge Deerfield
 Eagle Valley Mt. Mahogany Orem
 Pony Express Scera Park Thunder Ridge
 Highland



August	September	October	November	December	January	February	March	April	May	June
M T W T H F 5 6 7 8 9	M T W T H F 2 3 4 5 6	M T W T H F 1 2 3 4	M T W T H F 1	M T W T H F 1	M T W T H F 1 2 3	M T W T H F 3 4 5 6 7	M T W T H F 3 4 5 6 7	M T W T H F 1 2 3 4	M T W T H F 1 2	M T W T H F 2 3 4 5 6
12 13 14 15 16	9 10 11 12 13	7 8 9 10 11	4 5 6 7 8	9 10 11 12 13	6 7 8 9 10	10 11 12 13 14	10 11 12 13 14	7 8 9 10 11	5 6 7 8 9	9 10 11 12 13
19 20 21 22 23	16 17 18 19 20	14 15 16 17 18	11 12 13 14 15	16 17 18 19 20	13 14 15 16 17	17 18 19 20 21	17 18 19 20 21	14 15 16 17 18	12 13 14 15 16	16 17 18 19 20
26 27 28 29 30	23 24 25 26 27	21 22 23 24 25	18 19 20 21 22	23 24 25 26 27	20 21 22 23 24	24 25 26 27 28	24 25 26 27 28	21 22 23 24 25	19 20 21 22 23	23 24 25 26 27
	30	28 29 30 31	25 26 27 28 29	30 31	27 28 29 30 31		31	28 29 30	26 27 28 29 30	30

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Egg Roll & Oriental Rice
 Hamburger

Mozz Breadsticks & Sauce
 Deli Sandwich

Potato Crunch Fish Sticks
 Chicken Patty Sandwich

Turkey Roast with Potatoes & Gravy
 Rib a Que Sandwich

Cheese or Pepperoni Pizza
 Turkey Wrap

Corndog
 Chef Salad

Taco Soup
 Deli Sandwich

French Toast Brunch for Lunch
 Chicken Patty Sandwich

Teriyaki Chicken
 Hamburger

Cheese or Pepperoni Pizza
 Rib a Que Sandwich

Orange Chicken
 Chef Salad

Beef & Bean Soft Shell Taco
 Deli Sandwich

Rofini Pasta & Meat Sauce
 Chicken Patty Sandwich

Homemade Chicken Soup
 Hamburger

Cheese or Pepperoni Pizza
 Rib a Que Sandwich

Chicken Bites
 Hamburger

Beef & Bean Tostada
 Deli Sandwich

Ravioli
 Chicken Patty Sandwich

Pork Cutlet with Potatoes & Gravy
 Rib a Que Sandwich

Cheese or Pepperoni Pizza
 Turkey Wrap

Served Everyday: *a variety of fresh and canned fruit *a variety of fresh and steamed vegetables *a choice of Skim or 1% White Milk or Fat Free Chocolate Milk

BREAKFAST

CHOICE OF: Mini Pancakes,
 Breakfast Wrap, Pancake/
 Sausage Stick, or Assorted
 Cereal
 CHOICE OF: Fruit & Juice
 CHOICE OF: Milk



Help us educate your children to make healthy meal choices.



Each student must take a fruit or vegetable serving as part of their lunch meal.



Wholegrain Products:
 Nearly all grain-based items in Alpine have moved to wholegrain.



Alpine Nutrition Services does not produce or purchase any products containing peanuts or tree nuts. Please see your school manager or contact Nutrition Services with any questions 801-610-8031.



MyPaymentsPlus[®]

Phone: 877-237-0946

Make online meal payments, set up alerts and monitor your student's balance for FREE at www.mypaymentsplus.com

MEAL CHARGES

Elementary students in emergency may as a courtesy charge up to \$6. To review complete policy, please visit alpineschools.org under Nutrition Services.