

WALK MORE IN FOUR 2013

START THE YEAR ON THE RIGHT FOOT BY WALKING

AND BIKING TO SCHOOL FOR THE CHANCE TO WIN PRIZES!

You can win a bike, scooter, helmet or other donated prizes just by walking or biking safely to school three days a week in September. Do it for four weeks in a row and you will be eligible* for the drawing.

(* Participation open to Utah K-8 students

Students can now track and submit their participation with a simple online progress chart for a chance to win prizes. **It's as easy as 1, 2, 3, 4!**

- 1 **Create a login** for an online progress chart at udot.utah.gov/WalkMoreInFour.
- 2 **Track your progress.** Walk or bike to school at least three days a week for the next four weeks, starting Tuesday, Sept. 3 and ending Thursday, Sept. 26.

Students unable to walk to school due to distance can still participate by practicing safe habits while walking or biking in their neighborhoods.

- 3 **Submit** your online progress chart by **Wednesday, Oct. 2, 2013**, to be entered in the prize drawing.
- 4 **Win Prizes!** On Friday, Oct. 4, UDOT SNAP will draw the winners and award the prizes.

If needed, you can download and print a hard-copy progress chart on the SNAP website at udot.utah.gov/WalkMoreInFour, or contact your school for assistance.

For more information visit udot.utah.gov/snap or contact the SNAP Team at snap@utah.gov.



SNAP™

Student Neighborhood
Access Program