## White Ribbon Week Let's Get Real

Teachers and Parents:

March 16-20 is White Ribbon Week. We have White Ribbon Week to teach about making smart and safe choices online and with other media. The success of this week depends on you. We have a **Reality Boost** for each day. Please talk about one each day in your class.

#### Monday:

### I will use technology to show kindness and respect to everyone.

Mean words or embarrassing photos can never be taken back. Encourage positive messages online.

Tie your white ribbon onto backpack

#### Tuesday:

# I will always talk to a trusted adult right away about anything that doesn't seem right.

The 10-minute rule. If you see something that doesn't seem right, tell an adult within 10 minutes.

#### Wednesday:

#### I will swap media time for a real-life experience each day.

Help them recognize the difference between the digital world and real life. *Get offline and come skate with your family at Classic Skate!* 

#### Thursday:

#### Not everything I see online is real.

We are bombarded with things online. Be cautious. Not everything is as it seems!

Join your family and friends at Chick-fil-a for spirit night!

#### Friday:

No Reality Boost. Magic Show Assembly!! Students are welcome to write our magician a thank you note. There will be a box in the office to put them in. Wear white to school today