

Alpine Nutrition Services



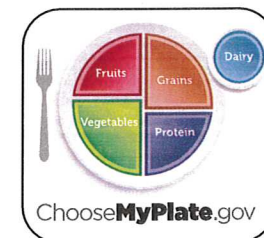
Breakfast \$.85
 Visitor/Adult \$1.50
 Preschool \$1.50
 Ala carte Milk \$.30

ELEMENTARY MENU 2012-13

Menus Subject to Change

Central Vineyard Greenwood Grovecrest
 Hidden Hollow Sego Lily Hillcrest Rocky Mtn.
 Saratoga Shores Westmore Shelley Suncrest

Lunch \$1.75
 Visitor/Adult \$2.75
 Preschool \$2.75
 Ala carte Milk \$.30



August	September	October	November	December	January	February	March	April	May	June
M T W T H F 6 7 8 9 10	M T W T H F 3 4 5 6 7	M T W T H F 1 2 3 4 5	M T W T H F 1 2	M T W T H F 3 4 5 6 7	M T W T H F 1 2 3 4	M T W T H F 1	M T W T H F 1	M T W T H F 1 2 3 4 5	M T W T H F 1 2 3	M T W T H F 3 4 5 6 7
13 14 15 16 17	10 11 12 13 14	8 9 10 11 12	5 6 7 8 9	10 11 12 13 14	7 8 9 10 11	4 5 6 7 8	4 5 6 7 8	8 9 10 11 12	6 7 8 9 10	10 11 12 13 14
20 21 22 23 24	17 18 19 20 21	15 16 17 18 19	12 13 14 15 16	17 18 19 20 21	14 15 16 17 18	11 12 13 14 15	11 12 13 14 15	15 16 17 18 19	13 14 15 16 17	17 18 19 20 21
27 28 29 30 31	24 25 26 27 28	22 23 24 25 26	19 20 21 22 23	24 25 26 27 28	21 22 23 24 25	18 19 20 21 22	18 19 20 21 22	22 23 24 25 26	20 21 22 23 24	24 25 26 27 28
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Egg Roll & Oriental Rice
 Chef Salad

Cheese or Pepperoni Pizza
 Turkey Wrap

Mozz Breadsticks & Sauce
 Deli Sandwich

Potato Crunch Fish Sticks
 Chicken Patty Sandwich

Pork Cutlet with Potatoes & Gravy
 Hamburger

Popcorn Chicken
 Chef Salad

Cheese or Pepperoni Pizza
 Turkey Wrap

Taco Soup
 Deli Sandwich

Ravioli
 Chicken Patty Sandwich

Hawaiian Haystack
 Hamburger

Orange Chicken
 Chef Salad

Cheese or Pepperoni Pizza
 Turkey Wrap

Beef & Bean Soft Shell Taco
 Deli Sandwich

Penne Pasta & Meat Sauce
 Chicken Patty Sandwich

Homemade Chicken Soup
 Hamburger

Chicken Nuggets
 Chef Salad

Cheese or Pepperoni Pizza
 Turkey Wrap

Beef & Bean Tostada
 Deli Sandwich

French Toast Brunch for Lunch
 Chicken Patty Sandwich

Turkey Roast with Potatoes & Gravy
 Hamburger

BREAKFAST

CHOICE OF: Oatmeal, Pancakes,
 Breakfast Wrap, Waffle
 Sticks or Assorted Cereal
 CHOICE OF: Fruit, Juice &
 Yogurt
 CHOICE OF: Milk

Served Everyday: *a variety of *fresh* and canned fruit *a variety of *fresh* and steamed
 vegetables *a choice of Skim or 1% White Milk or Fat Free Chocolate Milk



Help us educate your children to
 make healthy meal choices.



Each student must take a fruit or
 vegetable serving as part of their
 lunch meal.



Wholegrain Products:
 Nearly all grain-based items in
 Alpine have moved to wholegrain.



Alpine Nutrition Services does not
 produce or purchase any products
 containing peanuts or tree nuts. Please
 see your school manager or contact
 Nutrition Services with any questions
 801-610-8031.



MyPaymentsPlus®
 Phone: 877-237-0946

Make online meal payments, set up alerts
 and monitor your student's balance for
 FREE at www.mypaymentsplus.com

MEAL CHARGES

Elementary students
 in emergency may as a
 courtesy charge up to
 \$6. To review complete
 policy, please visit
alpineschools.org
 under Nutrition Services.