



BE HONEST

FAMILY CONNECTION LESSON

<p>CONCEPTS TO REINFORCE:</p>	<ul style="list-style-type: none"> • Be courageous and always tell the truth • Follow through on promises made • Admit your mistakes • Correct trades should have fair value on both sides • Never do something you will want to lie about later • Never take someone else’s property or ideas • Always return what you borrow
<p>MATERIALS:</p>	<ul style="list-style-type: none"> • Yarn (several feet)
<p>ACTIVITY:</p>	<p>Instructions: For this activity you will need several feet of yarn. Have a child help you by making up outrageous lies while you question him. Each time he tells a lie, wrap the yarn around him. See sample below.</p> <p>CHILD: My dad and I went camping and we caught a tiger. (Wrap the yarn around him once.)</p> <p>PARENT: A tiger? Are you sure? Tigers don’t live around here except in zoos.</p> <p>CHILD: Well this tiger escaped from the circus. (Wrap the yarn around him again.)</p> <p>PARENT: I don’t think there have been any circuses in town lately.</p> <p>CHILD: Yeah, there was one last week. My friend told me. (Wrap twice for two lies.)</p>
<p>ACTIVITY TALKING POINTS:</p>	<ul style="list-style-type: none"> • The child is all tied up in the lies he’s told • The child is no longer free • Now he has to remember what lies he told, or tell more lies • It is better to tell the truth from the beginning

<p>FAMILY DISCUSSION:</p>	<p>Sometimes, we get great story ideas we'd like to share to entertain people, and that is okay as long as we don't pretend the story we're telling is true. For example, we could say, "Wouldn't it be cool if we went camping and caught a tiger? We could pretend it escaped from the circus and we caught it and returned it so we could get into the circus free." That would be okay because we aren't saying it really happened.</p>
<p>CONCLUSION:</p>	<p>If you are not honest with others, they will soon learn they cannot trust you. Being trustworthy will help you keep friends and help you in your relationships with teachers, siblings, coaches, and parents. Honesty in the workplace is also important. Talk individually with your child(ren) who have difficulty being honest and help them set goals to become more trustworthy.</p>
<p>TREAT:</p>	<p>WHOPPERS One definition for "Whopper" is a big lie. Let's get rid of the whoppers in our lives and eat them all up!</p>
<p>ADDITIONAL RESOURCES:</p>	<ul style="list-style-type: none"> • <i>My Troll Patrol: Be Honest</i> by Courtney Johnson • <i>Ruthie and the (Not So) Teeny Tiny Lie</i> by Laura Rankin • <i>A Big Fat Enormous Lie</i> by Marjorie Sharmat • <i>Would I Ever Lie to You?</i> by Caralyn Buehner • <i>Pinocchio</i> movie

"When you tell the truth, others will trust you. You will also feel so much better even though it will take a lot of courage to be honest."

