



The Sego Lily SCOOP

Principal's Message

April 2014

SEGO LILY
OFFICE HOURS
7:30 AM-4:00 PM

• Important Dates

April 29: Spring Golf Club Begins

May 5: Troll Patrol Assembly

May 8: Cookie Dough Delivery
(Please make arrangements to pick up large orders at the school.)

May 19: Retirement Open House
4:30 PM

May 22: Dance Festival TTBA

May 26: Memorial Day
No School

May 27: Field Day

May 29: Kindergarten Graduation
10:15 AM Morning Classes
2:00 PM Afternoon Classes

May 30: Last Day School



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Dear Parents,

In 1987, the doorbell rang at the apartment where I was living with my sister in Berlin, Germany. I answered the door and my friend remarked, "American," in her thick German accent. "Is it that obvious?" I replied. "Look at you," she laughed, "Go change and when we get there, don't talk or say anything or everyone will know you are an American." It was this small exchange that permeated my identity. With those few words, she equated my ethnicity and nationality.



Mrs. Johnson

I left the apartment feeling very American in my German disguise and walked the streets where the anti-American protest was going on. It was frightening to see the German military police walking the streets with shields for protection. I wondered what President Reagan was going to say at the Brandenburg Gate. I never got close enough to hear, but later learned what he said, "Mr. Gorbachev, open this gate. Mr. Gorbachev, Mr. Gorbachev, tear down this wall!" When I was informed of his words, tears streamed down my face and I cried, for I was so proud to be part of the collective American ideal where freedom was endeared.

I share this story with you because I believe it can be related to the Common Core and all the misconceptions associated with it. We do have local control over how standards are taught and implemented. Teachers meet, collaborate, review, and assess the needs of students and create a plan that will benefit them most while complying with Common Core Standards.

The Common Core is requiring us to teach kids to utilize critical thinking skills. Critical thinking skills are essential to prepare students for the future. Application and analysis is how we think critically and the Common Core helps facilitate that. John Ruskin said it best, "When love and skill work together, expect a masterpiece." I appreciate your love and support and believe together, we will help our kids reach their masterful potential.

Classroom Spotlights

Making Learning Fun

Mrs. Bunker's preschool students have been learning about shapes this year in math. For their end of the year review, students reviewed basic shapes and created unique butterflies that were all different.

"We are all different and so are butterflies. Make sure you make your butterfly unique and beautiful like you." Mrs. Bunker told her students.

Preschool students had so much fun designing and using the shapes they had learned about this year in their projects.



Another fun math extension activity happened in April. Pre school students had an Easter egg hunt on the hill. Children were assigned to count the eggs up to 10, then place them in their bags.

Later that morning, students colored the eggs in science and discovered how colors, when mixed, create new colors.



Mrs. Cornell and Mrs. Shelton Announce Retirement

Sego Lily Elementary School Faculty and Staff cordially invite you to attend an Open House honoring Pam Shelton and Susan Cornell. Mrs. Shelton and Mrs. Cornell are retiring this year. We hope you all will come show your support for these wonderful teachers at the Open House.



Mrs. Cornell 37
years of service

Monday, May 19, 2014
4:30-6:30 p.m.
Sego Lily Elementary Media Center



Mrs. Shelton 11
years of service

Healthy Hints- April Ellie Bodily, RN- School Nurse

HOW TO AVOID DIGITAL EYESTRAIN

Digital eyestrain is affecting more people since the increased use of digital equipment. People are being affected by numerous health conditions such as headache, eye pain, redness, watering eyes, double vision and loss of focus. To avoid eyestrain and visual acuity problems; the following guidelines assist and benefit the eyes:



1. Take a break for 15 minutes and focus your eyes on a distant object.
2. Take the center of your palms and place them over your eyes. Take deep breaths and relax your eye muscles.
3. Blink frequently every 15 – 20 seconds. It helps to oxygenate the cornea.
4. Wear computer glasses, which assist you to focus better.
5. Keep your monitor bright and clean. Dust can decrease screen sharpness.
6. Reduce blue light at night, which reduces melatonin levels.
7. Take vitamins that support the eyes such as vitamins A, C, B and Zinc.
8. Increase the light when you are using the computer.
9. Position your computer 20 -28 inches from your eyes.
10. Consider using artificial teardrops, which can help prevent and relieve dry eyes that result from prolonged sessions at the computer.

Be True To Yourself

“Be True to Yourself” is April’s Troll Patrol value. Students learned how they need to be true to their own values and beliefs no matter what others around them think or say. Standing up to peer pressure is hard sometimes; however, if one lines up all decisions, based on his/her own values, he/she will always be true to themselves and be happy.

The Technology Club created a movie that showed how a friend of one young man believed in him even when other’s made fun of his size. He spoke of how when others made hurtful comments to him, it was as if they were taking pieces out of him. The question was posed, “Are you taking pieces out of others?” to help the students realize that we all are different and that we should build each other up and accept how unique we all are.

Peer pressure can tempt us to do things we know are not true or right. It is important to remain true to ourselves in everything we do and help others be true to themselves as well.

You can view these videos on our school website: <http://segolily.alpineschools.org/>



Troll Patrol



Mrs. Rivera’s Willard Party



The Willard Party has been a tradition that children in Mrs. Rivera’s classes have enjoyed throughout the years. The Willard Party began when Mrs. Rivera’s husband was serving in Iraq and Afghanistan to celebrate of his service.

On Friday, April 25, students participated in the last Willard Party and enjoyed dancing in their very best dress. Mrs. Rivera is sad to see the tradition leave; however, she is enjoying having her husband home.

