



# The Sego Lily SCOOP

December, 2013

SEGO LILY  
OFFICE HOURS  
7:30 AM-4:00 PM

## • Important Dates

- Dec. 23 Christmas Break
- Jan. 6 Welcome Back!
- Jan. 14 Zupas Dinner Night  
5:00-9:00 PM
- Jan. 20 Martin Luther King Day,  
No school
- Jan. 23 Science Fair 6:30-7:30  
PM
- Feb. 4 Parent Teacher Conference
- Feb. 6 Parent Teacher Conference
- Feb. 17 President's Day  
No school
- April 7-11 Spring Break

## Merry Christmas!



## Principal's Message

I have spent a lot of time observing teachers these past few weeks. I appreciate the exemplary educators that teach at our school. Even though our teachers are substantially different in terms of personality and teaching style, what they do have in common is their attitude towards students and their commitment to ensure that all students learn in engaging ways. They also love the children, possibly the best Christmas gift of all! Thank you Sego Lily teachers for dedicating your lives to our children.



Mrs. Johnson

## Chick-fil-A Night Success!

A huge thank you to all the families that supported our Chick-fil-A Spirit Night. We generated \$386.49 from the 99 vouchers that were redeemed during the evening.



Mrs. Harris's class won the lunch with the cow so she and her students will have a tasty fun lunch. Wow, this will help us in our efforts to motivate and reward students with Spirit Sticks, birthday balloons, etc.



We are planning another dinner night at Cafe Zupas on January 14th from 5:00-9:00 PM. I don't want anyone to feel pressure to attend, however; if you or your friends ever eat at Zupas, we would love to benefit from it. Thank you.





Special elves arrive each year to read to Sego Lily Students. They ask students from the Troll Patrol Student Council to help and with great cheer, they accept.

# Elves Make Reading Magical!





# Troll Patrol



## Be A Friend

“Be A Friend” is December’s Troll Patrol value. Students in Miss Pence’s 3rd grade class wrote scripts and acted out scenes with puppets and props.

A music video created and directed by Kallie Harris showed students that if they have friends, they will have a good time! This segment was entirely edited and created by Kallie. Students in Miss Russell’s class were also involved in the video.

You can view these videos on our school website <http://segolily.alpineschools.org/>  
Videos can also be seen in the school lobby.

## Lehi Jr. High Teacher Impressed With Student Writing



“I teach English at Lehi Junior. I have noticed my 7th graders this year are incredibly strong writers, and I just wanted to express my appreciation. Thanks for your hard work. Keep up what you’re doing because it’s working!”

Mary Quantz

What wonderful teachers we have at Segolily!

## Lehi High School Helps Student Council Trolls Lead Assembly!



Sports Marketing Students from Lehi High School attended our Be a Friend Assembly. They worked with students afterwards to get them excited to be more friendly. Segolily students loved hearing from the older students and learned what it means to be a great friend.

## Spirit of Giving

The spirit of giving is alive and well in Mrs. Rivera’s 4th grade class!!! Each year students decorate the tree at Zions Bank and sing at a tree lighting ceremony in early December. The bank generously donates money to their class. The money has been used in the past to pay for a field trip, an extra special Willard Party, and other classroom items. This year, a student suggested that they donate the money to the people in the Philippines. The class voted and they are so proud to be giving \$200 to the school fund raising efforts! These students truly know that is better to give than receive! “No one is useless in this world who lightens the burden of it for anyone else.” Charles Dickens





# “Be Respectful!” Students of the Month Assembly



Students of the month were honored for being honest! Teachers selected students and they each received Certificates, Spirit Sticks, and gift certificates from local business. We want to thank:



Chick-Fil-A, Classic Fun Center, Brick Oven, Del Taco, and Applebee's for supporting our students by their generous donations of gift certificates!



## Watch DOG DADS

Seth, Jacob & Evelyn Cox.  
Randy, Lincoln, and Kem-  
bree Burr .



Thank  
you  
Watch  
DOG  
DADS!



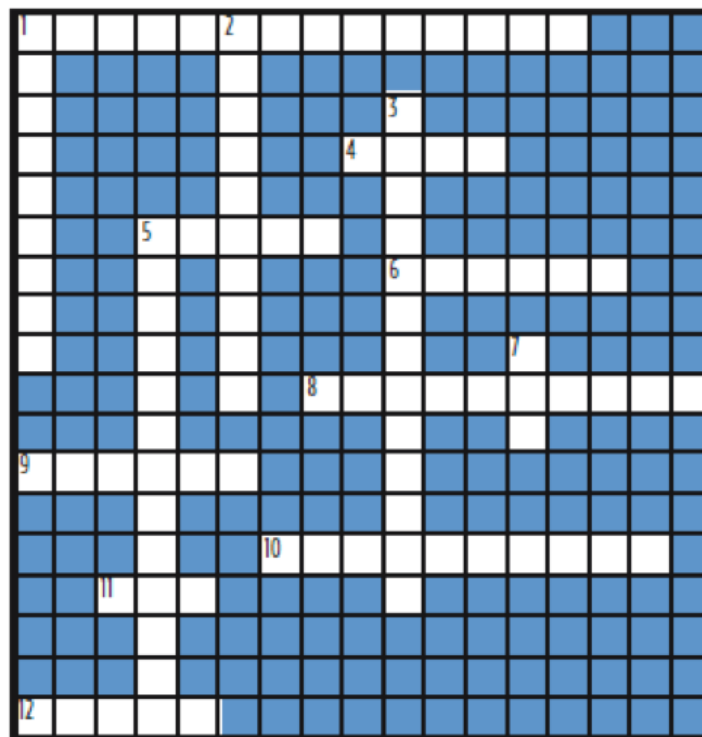
## Healthy Hints From Nurse Bodily RN December, 2013

Try this fun workout crossword puzzle to learn more about health topics pertinent for holiday survival!! *Answer key on the following page.*



### Down

1. A type of muffin you can serve to someone with a gluten allergy.
2. Avoid this at the holiday office party.
3. Doing one thing at a time (two words, no space).
5. Avoid donating to charities that don't provide proof that a contribution is \_\_\_\_\_. (two words, no space)
7. One in five people in a survey said that their work environment was too \_\_\_\_.



### Across

1. An aerobic class using a makeshift drum (two words, no space).
4. Replace negative "won't" with this word.
5. Throw away this to get more done without losing your mind.
6. Avoid working on this when traveling on an airplane.
8. An inexpensive tool that can help a person warm up for a workout and/or rehab tight or sore muscles (two words, no space)
9. Only shop this type of Website.
10. What you can use to do a pushup in the kitchen.
11. Skip this at holiday social gatherings to avoid extra calories.





**ANSWER KEY:**

*Across*

- 1. An aerobics class using a makeshift drum (two words, no space) - cardiodrumming*
- 4. Replace negative “won’t” with this word - will*
- 5. Throw away this to get more done without losing your mind - trash*
- 6. Avoid working on this when traveling on an airplane - laptop*
- 8. An inexpensive tool that can help a person warm up for a workout and/or rehab tight or sore muscles (two words, no space) - foamroller*
- 9. Only shop this type of Website - secure*
- 10. What you can use to do a pushup in the kitchen - countertop*

*11. Skip this at holiday social gatherings to avoid extra calories - dip*

*12. Avoid this type of slope when sledding - steep*

*Down*

- 1. A type of muffin you can serve someone with a gluten allergy - cornbread*
- 2. Avoid this at the holiday office party - over-eating*
- 3. Doing one thing at a time (two words, no space) - singletasking*
- 5. Avoid donating to charities that don’t provide proof that a contribution is \_\_\_\_\_. (two words, no space) - taxdeductible*
- 7. One in five people in a survey said that their work environment was too \_\_\_\_\_. - hot*

## From our Fabulous Kitchen Staff

Merry Christmas Segó Lily Roadrunners!! We in the kitchen want to wish you the very best Holiday Season and hope your New Year is bright!! Stay healthy and remember this time of year is a great time to eat fresh citrus, such as clementines and oranges. They are packed with vitamin C and will help your immune system stay strong during these cold winter days.



## Gingerbread Houses

3rd Grade students made gingerbread houses as part of their Christmas tradition. Students love making their one-of-a-kind creations.



## Knowledge Bowl

When you look at a map, do you imagine what it would be like to travel to faraway places like Egypt, Hilton Head Island, or the Grand Canyon? Well, these are exactly the type of things this year's Knowledge Bowl competition prepares you to know. Knowledge Bowl students dig deep into Geography, learning about Utah, the United States, and the World. There is so much to learn and students have a lot of fun.

Knowledge Bowl is a program where students in the 3rd-6th grades compete with other schools testing their knowledge of Geography, History, Science, and the Arts. Segó Lily Elementary has been competing in the district competition for over 10 years. Thanks to the wonderful and willing parent volunteers we have, our teams are well coached.

Students study hard and do well in the competition. In fact, Segó Lily students have placed in the top 10 most years.

In weekly study sessions, students race against one another to hit the buzzer first when a question is asked, like "What is the tallest mountain in Africa?" You may not know the answer, but you can bet the kids will buzz in quickly to answer "Kilimanjaro!"

## Career Days

During November, Parents and relatives visited Mrs. Daly's class to share about their different jobs and careers. We heard from a project manager, a property manager, a police officer who works at the prison, a program director for a Drug and Alcohol

rehab center, a nurse from the Emergency Room, a computer programmer, a nurse from Surgery Recovery and a Firefighter/paramedic! Mrs. Daly got to dress up as a fire-

fighter and get her blood pressure checked! The students experienced the responsibilities of a project manager and tried on a real firefighter hat! It was heavy! They learned about the importance of fire and drug safety. They got to hold a pair of real handcuffs and some even tried them on! They learned about how nurses take vital signs and they each got their own medical glove and a band-aid! Thank you to all of the parents and relatives who shared their knowledge and experiences with us!







## Class Meetings Help Students Learn Social Skills

Students are OBSESSED with Monday Meetings in Mrs. Cottle's class. This is a very special time where students are united and where everyone feels safe to share. Students may not talk unless they have the frog in their hands and the other children are completely silent.

Students have become respectful in allowing quiet and shy students opportunities to share without worrying if someone is criticizing or talking during their time.

A "Compliment Can" and a "Concern Can" located in the back of the room also allows students to write concerns and special things they notice about other students. Mrs. Cottle reads these compliments at the end of Monday Meeting and the anticipation and glow on the faces of those receiving compliments is priceless.

Mrs. Cottle's students love Monday Meeting. "We can hardly wait each week for that magical 30 minutes where we grow closer, share feelings, and watch self esteems flourish. We are indeed a family."



Camille Cottle

## Random Acts of Kindness

Mrs. Madsen's class is counting down the days to Christmas Break by performing random acts of kindness. Each student decorated a tree with a surprise act of kindness gift attached. We reveal two acts of kindness a day that students do to spread holiday cheer and goodwill. So far they've held doors open for those behind us, read stories to younger students during inside recesses, listened extra



carefully to others without interrupting, and more. "We've noticed a better feel of friendship in our classroom, and extra smiles on the faces of our loved ones at home."

Mrs. Madsen.

## 2nd Graders Explore Space



Miss Siglin's 2nd graders launched their science unit on the moon. Students experimented outside with shadows to see how the earth rotates and had so much fun!



## Sego Lily Secret Garden



Mrs. Skillicorn's first graders and Mrs. Taylor's sixth graders buddy up for reading every Friday. However, on November 14, 2013 if you happened to be at Sego Lily you would have seen something entirely different. There were first and sixth graders walking and working side by side. They planted daffodils and crocus' in the planter boxes right outside the 3rd grade hall. What a wonderful experience to watch and participate in. Won't they be surprised in the spring when they can see the fruits of their labor.



**Vineyard Nursery and Home Depot, thank you for supporting our Secret Garden. They donated over a 1000 bulbs!**

The Secret Garden is off to a great start. In the Spring of 2013, Lehi High School FFA constructed grow boxes with gravel walkways. The cost was \$1200 which was funded by the 2012 school fundraiser. A big thank you goes to Brett Robertson, Lehi High School agriculture advisor, who oversaw the project and designed the irrigation drip system to ensure adequate drainage and water.

Currently, an Eagle Scout project is underway to design, construct and install two arbors that will support the growth of clematis at the entry and exit of the garden. We are seeking donations of bulbs and garden tools from various nurseries throughout the valley. Thank you to Vineyard Garden Center in Orem and Home Depot who donated over 1000 bulbs in November.

### **Future needs:**

**We are seeking donations, through the Alpine Foundation, of \$2000 for the continuation of the project. Funds will be used for the following items:**

- **Bulbs**
- **Outdoor furniture**
- **Garden tools**
- **Vegetable seeds**
- **Fertilizers such as bone meal**

**We are seeking donations from local businesses and individuals to finish this project. Thank you so much for your willingness to support this project.**