May 2013 SEGO LILY OFFICE HOURS 7:30 AM-4:00 PM

The

Please note our phone number has changed!

RUR

NEW PHONE NUMBER: (801) 610-8717

Important Dates

May 1 PTA Meeting 9:30 May 15 4th Grade Play 6:30 May 20 Last Great Choice Store (PTA) May 20 Retirement Open House 4:00-5:00 for Linda Gunther and Linda Larsen May 20-23 Star Festival Week May 23 Dance Festival Week May 23 Dance Festival 10:00 May 24 Field Day May 27 No School Memorial Day May 30 Last Day of School

Schedule

8:00-9:30 Early Birds & A.M Kindergarten

8:45-10:15 Later Gators & P.M. Kindergarten



Principal's Message

As I reflect on the past nine months, I'm amazed at the energy and passion parents, teachers, and staff expend in the pursuit of helping children learn. I have seen an incredible array of educational innovations at our school. I am continually touched by the developments of learning experiences that are



intellectually engaging and character building.

I am so pleased that our school takes character education seriously and I am honored to work with parents who teach values to their children at home. I see these values demonstrated every single day.

This is a marvelous time for Sego Lily and with our shared commitment to children, we will continue to seek ways to improve our teaching methods, improve our service, and expand our own knowledge to nurture children. I appreciate the innovative and creative processes of our educational community. I simply cannot thank you all enough. *-Mrs. Johnson*

Retirement Open House May 20



Mrs. Gunther, 3rd grade teacher, and Mrs. Larsen, former reading recovery teacher, will be honored at an open house Monday, May 20th in the library from 4:00-5:00. Please join the celebration of both of these teacher's contributions in education at Sego Lily.

We have many lost and found items. Beautiful coats and jackets. Anything left over will be donated May 30th.

Troll Patrol Coming Our Way!

2013-2014 school year, Troll Patrol will be launched to teach our children character in a magical and exciting new way! If you are interested in helping with the parent committee to help design the program, please let Mrs. Johnson know via email: courtneyjohnson@alpinedistrict.org.

Troll Patrol embraces the magical power of story to teach children positive social skills and to thwart bullying. The first book introduces a mean and ferocious troll who learns to be kind all because a young boy named Cliff, dared to confront his bullying ways. We are so excited to launch this new program and look forward to your input. This will be a *trolltastic* way to learn more about being kind and to never allow bullying at Sego Lily!

Dads of Great Students



Mitchell Johnston, father of Olivia, Charlie, and Spencer Johnston, enjoyed being one of our Watch D.O.G. Dads April 18th. The kids loved Mr. Johnston.



Community Council Needs You

We are looking for awesome parents to serve on our Community Council during the next 2013/2014 school year. School Community Councils members are a major part of the overall leadership structure of our school. Members are a group of people who are elected by their peers to advise the principal on specific matters that affect student achievement and school improvement. Their primary role is to participate in the process that ensures that the needs of all students are specifically addressed in the overall education plan for the school.

Please see the form on the following page so you may be included on the ballot in August.



Brent Castagnetto, father of Charlie, and Marcus, enjoyed being one of our Watch D.O.G. Dads April 19th. Mr. Castagnetto was totally awesome!



UDOT Construction

UDOT has contracted with Consolidated Paving Concrete, Inc. to construct curb, gutter, sidewalk, and other improvements along the north side of 900 North between approximately 750 East and 1030 East. Construction will begin this month and should be completed mid to late June. For your safety and the safety of our students, please follow all posted traffic control and sidewalk signs. Please do not park along the north side of 900 North while construction is in progress. Construction will occure Monday through Saturday between the hours of 7 am and 7 pm.

Ways to Get More Involved

Parent volunteers are more important than most people realize. At Sego Lily, volunteers show kids that the community and parents are interested in their education and that school is important.

Parent and community volunteers offer a huge resource for our school. One of the most impacted programs is our STAR reading program. Several students need one-on-one reading time with adults and when they read with our volunteers, they receive extra personalized instruction. We train our volun-

teers and it makes such a difference. Our volunteers also help assist teachers by making copies and doing other tasks so teachers can spend more time teaching. Volunteers also help boost the morale of teachers.

Parent volunteers reap benefits of being involved. Through the interaction with teachers, administrators, and other parents on a regular basis, volunteers gain a better understanding of what happens at Sego Lily. You will also make strong connections with the school.

Even if you haven't been involved in the past, it's never too late to start. We simply LOVE our volunteers. We simply do a better job when we work together.

A Message From Miss Bethers

Summer Slide is not a cool water slide but is the term many educators give to what happens when students are out of school for the summer. Studies show students regress over the summer months BUT there is a great cure for summer slide, and that is... are you ready for this? (It's so easy!) The cure for summer slide is READING! If students read for at least 20 minutes every day, studies show they will come back to school in the fall right where they left, or even ahead of their spring testing scores. And, of course, it is much easier to encourage daily reading if children have new, fun, and interesting material available to them. We suggest setting a regular weekly time to visit the library and make it a top priority that's seldom, if ever missed. This sends important messages to our children: we value reading in our family, we make time for reading, and reading is an important skill to acquire are just a few of these. *Submitted by Miss Bethers*

PTA Carnival Information

Mark your calendars now for the Sego Lily PTA Carnival on Thursday, Sept. 12th. We are still looking for people to be in charge of food, concessions, logistics,

tickets, and clean-up. If you are willing to help with one of these or have questions, please contact Cheri Baker at cherilynn@gmail.com. We are always looking for items for the auction. If you have something to donate or know of someone we



can contact for donations please contact Julie Hemmert at 801-362-9502.





If you have gently used items that we could use for the Great Choice Store, the PTA would appreciate it. Items may be dropped off at the office. Pretty much anything we can sell that the children would enjoy would be wonderful!

Recycled Toys Are Great





Students of the Month in April

Students were honored for being proactive during the month of April. They requested that we use the silly picture in the newsletter reinforcing that they can take charge and make great things happen! Students all received gift certificates from our wonderful business sponsors: Applebee's, DelTaco, Classic Fun Center, and the Brick Oven. Students also received a Spirit Stick and certificate. We are so proud of these students!

From our Fabulous Kitchen Staff

Quit the "Clean Your Plate Club"

Tip from our own Becca Carter

As children, many of us grew up with the, "Clean your plate," rule; however, this approach does not help our children listen to their own bodies when they feel full. When chil-



dren notice and respond to these feelings they are less likely to overeat. Let them stop eating when they feel full. Start with smaller portions and they can have more if they feel they need it.

P.M. Kindergarten Students of the Month



Dance Festival May 23 One World, Many Voices



Remember to bring your own chairs, blankets, and family members to the dance festival May 23 at 10:00. See you there!





Healthy Hints From Nurse Bodily RN May, 2013

Let's talk about the impact "stress" has on your body. Mounting evidence shows that there are definite consequences from excess amounts of stress we have in our lives. Stress contributes to heart disease, chronic pain, delayed wound healing, depression and cancer. It has been stated that as many as 60% of physician visits are related to stress.

So, how do we deal with the many factors that contribute to our stress levels? There is no one right answer that works for everyone. We each must find what techniques work for us and implement them into our lives.

It isn't only adults experiencing high levels of stress. Children are directly affected by the behavior and attitudes they observe from their parents. I've asked kids to list what stresses them out and they name many things that relate to home & school environments. As adults, we must find ways to handle our own stresses and in turn, teach our children how to deal with theirs.

The following ideas are simple and inexpensive relaxation techniques that may help you:

- Deep breathing
- Listening to relaxing music
- Taking a nap
- Yoga or Tai Chi
- Reading
- Repeating positive affirmations
- Guided imagery
- Exercise-cardio
- Eating healthier foods

Happy relaxing!!!! It may save your life!!!

Golden Sneaker Awards

Coach Burton submitted Golden Sneaker Awards for the months of December and January. (Mrs. Johnson forgot to place it in the newsletter) We are so proud of students and teachers who take the challenge and make it happen.



Congratulations to the Golden Sneaker winners!

December and January

Garrison Hodge-6th Jaxon Peck-6th Kaleb Struthers- 4th Korina Rushton-4th Kegan Wood-4th Dallin Sandberg-4th Brandon Allfrey- 6th Kaden Struthers-3rd Cecilee Trane- 6th Tyson Allfrey- 1st Mrs Madsen- 2nd Grade teacher

April Golden Sneakers

Hailey Boher Dayne Lee Juan Jimenez McKay Jessop Jose Arcentales Agustin Jimenez Emma Bahr Matyson Johnson Kailey Baker Lance Roberts Jace Brooks Emily Larsen Ethan Nicholson Porter Mc Aurthur Sydney Drake Rylie Draper Justin Rushton Ashley Powell Hannah Anderson Brody Anderson Emma McDaniel Sydni Ivey Tyler Johnson Kaleigh Rasmussen

And 5th grade teacher MISS POND

Sego Lily's Award Winning Team

Amazing teachers, volunteers, and staff positively impact students every single day. We are fortunate to work with people who care and dedicate their lives to make a difference. The following awards were given to our staff for the 2012/2013 school year:

Utah's Karl Jones Award: Kinna Harris, 2nd grade teacher.

District Employee Awards: Certified: Annie Pence, 3rd grade teacher Classified: Charles Harvey, custodian

PTA Council Awards:

2013 Parent Volunteer: Cara Hansen, Certified: Jennifer Palomarez, 1st grade teacher Classified: Dawn Bunker, Double Dosing coordinator/RTI instructor

Accent on Excellence Award: Cheri Westbrook, 6th grade teacher

Board of Education Recognitions

Certified Employee: Jennifer Madsen, 2nd grade teacher

Certified Employee: Vickie Ahlstrom, 6th grade teacher

Classified Employee: Nancy Burkman, Secretary Classified Employee: Brooke Hall, Secretary Volunteer: Diana Brower, Knowledge Bowl coordinator

Volunteer: Haylie Worthen, Community Council chair

Pass of All Passes! \$19.95









Get Your Pass Today and Help Our School!

Did you know for every pass purchased with the code: SEGOLILY1 by May 31 we will receive a \$3.00 donation to our school? If you are going to purchase the pass, please use our code!

Sego Lily Elementary School Community Council Elections & Nominations – 2013

The School Community Council (SCC) at Sego Lily Elementary is comprised of elected parents, elected teachers, and the school's principal who serve on this council. The primary responsibility of the School Community Council is to prepare a plan that addresses the school's greatest academic need. This plan is then approved by the local School Boards and funding is sent to each school with an approved plan before the school year begins. Funding for this program is provided by the School LAND Trust Program, established by the legislature in 1999, which distributes the "annual dividend" from the permanent State School Fund through school districts for all public schools in the state. The program is paperless and visible on the web at <u>www.schoollandtrust.org</u>.

Some examples of these funds in use at Sego Lily are: the STARS reading program, additional technology resources, teacher professional development, DRA testing, etc.

The School Community Council at Sego Lily Elementary is looking for parents who are willing to serve on this council. There are currently two parent positions up for election. Each parent position is a term of two years. This term will begin September 2013. Those willing to fill this position need complete the nomination form below. Nomination forms need to be submitted in person to the front office. The nomination period will be held through the month of August with all nomination forms due by August,16, 2013. To be considered for nomination, you must have a student currently enrolled at Sego Lily Elementary or one that will be enrolled for the 2013-2014 school year and may not be a current employee of Alpine School District. The election will take place the week of August 19-23 at the school. For more information or for any questions, please contact Mrs. Johnson 801-768-7030 or Haylie Worthen 801-766-8486.

Yes, I wish to be a candidate for the Sego Lily Elementary School Community Council

Name		
Address		
Phone	Email	
I am the Parent / Gu	ardian of the following children attending	g Sego Lily Elementary.
Child's First and Last Name	· · · · · · · · · · · · · · · · · · ·	Grade
Child's First and Last Name		Grade
Child's First and Last Name		Grade
Please share some background, educational interest, and reasons for seeking to be a member of the School Community Council		
2		

All nominations will be notified prior to being printed on the official ballot

Especially for 5th and 6th Graders!

JUNE 17-24

This week-long camp provides entering 5th and 6th grade students with a fun and exciting program designed to show that math is more than just numbers.

Limit 30 Students

Participants will engage in games and handson activities that will reinforce mathematical concepts, thinking skills and problem-solving abilities.

We will explore introductory game theory, decision-making, the mathematics of engineering, the mathematics of video games and more.

These explorations are designed to help the student more fully comprehend the relevance of mathematics in daily life.

Students of any ability level are welcome.

<u>JUNE 10-14</u>

Register Online NOW!

45 per session

JUNE 24=28

Or Call: 801.863.8012

VALLEY UNIVERSITY

COMMUNITY & Continuing Education