



# The Sego Lily SCOOP

March 2013

SEGO LILY  
OFFICE HOURS  
7:30 AM-4:00 PM

**Please note our  
phone number has  
changed!**

NEW PHONE NUMBER:  
**(801) 610-8717**

## • Important Dates

March 20 Parent Meeting 3:45 PM  
March 28 Daddy Daughter Princess  
Ball 6:30-8:00 P.M. in the gym.  
April 1 Snow Make Up Day  
April 2 No School Teacher Comp.  
April 3-5 No School Spring Break  
May 27 No School Memorial Day  
May 30 Last Day of School

**Remember our Daddy  
Daughter Princess Ball  
March 28th at 6:30**

Sego Lily Elementary School  
550 East 900 North  
Lehi, Utah 84043  
(801) 610-8717

## Principal's Message

As we move into the third trimester, I need your help in "recharging" our students' batteries, so they can continue to be successful in school.

At this point in the school year, our expectations for each child are raised a bit higher. We are asking kids to do things that are hard from them, but that is a good thing. I love watching students master something they thought was too difficult. I continually hear teachers say, "We can do hard things."

We are fortunate to be in a school where teachers and parents care about kids. I was talking to a teacher last week who said, "It is rare to find a school where so many teachers actually live in the neighborhood of their school. We care about learning because these are "our" kids, they are "our children," and we love them." What a wonderful blessing we have at Sego Lily.

In closing, I want to suggest three ways to help "Our" students finish strong this year and to "re-charge" their batteries so they may do the hard things teachers ask them to do.

1. Children who read succeed. Bump up your minutes that you require at home. Have your children read to you while you cook dinner or have a few extra minutes. Increase time spent on RAZ kids and talk about their rocket rewards.
2. Get involved. Student success is directly related to parent involvement. Dads might consider joining "Watch DOGS" to show their student that school is important. Sign up at the office.
3. Find ways to be positive about doing hard things. Praise effort and help kids understand that hard work is valued. We never want to send the message that they are not smart if it doesn't come easy. Just the opposite, we want to say, you're smart if you work and work until you solve it right.



## Sego Lily's First Watch DOG Dad



*Watch DOG Ryan Atkinson*

Students pointed and stared at Ryan Atkinson Wednesday morning as they asked teachers who this big guy was walking around the school. After announcements were made, students learned that Ryan Atkinson was our first Watch Dog dad to help out at Sego. Ryan arrived first thing, checked into the office, received orientation where he learned the Watch DOG rules, and received a schedule for the day.

Ryan played with the kids at recess, helped supervise our high traffic pick up and drop off areas, ate lunch with the kids, and assisted teachers in their classrooms. The kids thought it was really cool having Ryan roaming the halls and keeping us safe. The all female office staff especially appreciated the safety we felt having a man walking the halls and being an extra set of eyes.

Mrs. Burkman stated, "He was especially attentive to our kids in the lunchroom and he was a big hit with the kids. When I was in there, the students were always around him. He was carrying trays for the kids and they simply could not get enough of him."

Having positive male role models is a gift and we hope all you awesome dads will sign up at the office soon!!!!

## School Story Telling Festival Winners

Students and teachers enjoyed a fabulous assembly where finalist presented their stories to over 400 audience members. "I simply cannot believe the talent we have here at Sego Lily," stated one teacher. "They didn't even seem nervous," commented a 2nd grader. First place winners Mckenzie Winterton and Carolyn Whitehead will represent Sego Lily at the district level. Congratulations students!

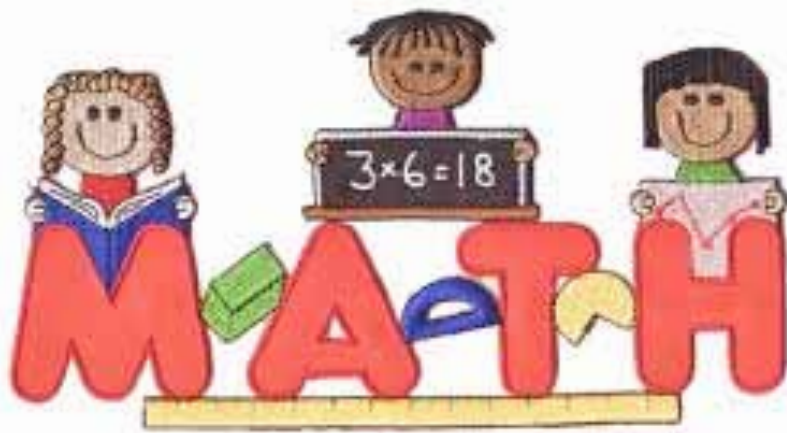
### Lower Grades

- 1st Mckenzie Winterton
- 2nd Jack Pollmann
- 3rd Hyrum Baird and Megan Marsh

### Upper Grades

- 1st Carolyn Whitehead
- 2nd Saxon Fitzgerald
- 3rd James Linton





## Parents Needed

We need parent volunteers to help us with decorations for our Daddy Daughter Princess Ball.

If you have any extra decorations that we could use, that would be fabulous. If you want to help blow up balloons and set up, that would also be great. Please email Mrs. Rivera if you are interested at: [slund\\_rivera@alpinedistrict.org](mailto:slund_rivera@alpinedistrict.org)

We also would like to have each family bring one plate of cookies or snacks for our refreshments that are store bought if possible.

## Parent Meeting March 20, 3:45 PM

Due to the instructional shifts in math instruction for K-5 grades, we will be conducting a parent meeting, March 20th at 3:45 in the library to explain the changes.

With increased rigor, teachers will be helping students gain further insights in math computation, critical thinking skills, and application of math in their every day lives. We are very excited about these changes and know full well that Se-go Lily will make these transitions smoothly.

Teachers support students' ability to access concepts from a number of perspectives so that students are able to see math as more than a set of mnemonics or discrete procedures.



## Eagle Project At Se-go Lily

Evan Adams, is a former Se-go Lily Roadrunner. His Eagle Project helped raise money to purchase a table, chairs, and books for the preschool classroom.

The service part of the project included cleaning out window wells for a \$10 donation. Evan is just 13 years old and is already giving back to the community.

In addition to raising money, he also helped assemble the table once it arrived at the school. A special thanks goes out to him, his family, and the others that helped by donating time or money.

*Submitted by Jan Cook*





## Healthy Hints From Nurse Bodily RN March, 2013

Let's talk about "dental health". February was National Children's Dental Health month. Children all across America learned about the benefits of good dental hygiene. There seems to be a great need to educate children on this topic, hence, there is a month set aside especially dedicated to it.

I have been in various classrooms doing dental health presentations during the month of February. Many children know the basics about keeping teeth healthy such as: brushing twice a day, flossing and going to the dentist. But there are also many basic concepts about dental health that children don't understand.

One of the areas that there needs to be more teaching in is how the food we eat affects our teeth. I made a comparison of a population of people who lived in a city and enjoyed all the fancy, refined foods, to a population of people who lived on farms and provided all their own food. I then asked which population they thought had healthier teeth? They seemed to know that the people who ate the food from the farm had healthier teeth but wasn't sure how to apply this to their own lives. This concept needs to be broken down to age appropriate educational levels and taught in a way that children can comprehend and apply the concept in their own lives.

Putting in simply, children need to be taught more about eating healthily as it pertains to the overall health of their body. Children know that sugar is bad for their teeth, but as many of us agree, we still crave it. I try to teach children that it is okay to eat the things we like occasionally but not on a daily basis.

The latest studies show that the main culprit of cavities is, sugary drinks. As I did teaching on this topic, I noticed that children know what a sugary drink is but many thought because it was fruit flavored that it was healthy. Perhaps that is a topic we could discuss at home with our families. Reading nutrition labels with our children will empower them to make healthier food and drink choices. This will not only lead to better dental health, it will also make them more aware of what they eat on a daily basis.

## Science Winners Advance to BYU

Students' science projects were impressive this year. We are so proud to have these students represent Sego Lily at the BYU science fair.

Students learn not only science, but they learn communication skills and how to think critically. Congratulations students!



## January Students of the Month



Students of the month in January were recognized for being tolerant. Teaching tolerance fosters an environment that is inclusive and nurturing – where equality and justice are valued. We are so proud of our students who reached out to others regardless of their differences.

Each month students of the month receive a certificate for their scrapbook, a Spirit Stick, and gift certificates from Applebee's, Del Taco, Classic FUN Center, and Brick Oven. We appreciate these businesses for their generous donations each year.

## February Students of the Month



Be interested not interesting was the theme for February and these students went out of their way to make others feel special. This is no easy task for little ones. Even adults struggle with this concept and to have so many students recognized for being interested in others was phenomenal. We know Segó Lily rules because they know how to be caring individuals! Way to go students!

# Parent Volunteers Needed



We are in need of five volunteers who are willing to work in or copy room to assist teachers. Ideally, a volunteer would work one hour per week on a specific day to make copies and other handouts for the teachers.

If you even have a spare few minutes that you could pop in the school and make copies in the workroom that would also help us a great deal. We appreciate any time you serve us.

You may also want to contact your child's teacher directly if you choose to do so. We will accept any help in any form. Thank you so very much.

Sego Lily Students donated Valentines to Veterans in February. About 150 Valentines were carefully prepared for the VA hospital in Salt Lake City.



The best way to find yourself is to lose yourself in the service of others.

*Mahatma Gandhi*

## Food Drive Success



Sego Lily Student Council members organized a very successful food drive with the United Way Food Bank in February. The student council holds an annual food drive each February to help students think about others and reinforce the notion that we need to care for others too.

The goal was to have each student bring 4 cans of food. The student council collected 11 barrals of needed food items. That is impressive considering that the total weight of items was over 4,500 pounds! Classes that met the goal received ten extra minutes of recess.



**Sego Lily Elementary**  
**School Community Council**

**Elections & Nominations – Spring 2013**

The School Community Council (SCC) at Sego Lily Elementary is comprised of elected parents, elected teachers, and the school’s principal who serve on this council. The primary responsibility of the School Community Council is to prepare a plan that addresses the school’s greatest academic need. This plan is then approved by the local School Boards and funding is sent to each school with an approved plan before the school year begins. Funding for this program is provided by the School LAND Trust Program, established by the legislature in 1999, which distributes the “annual dividend” from the permanent State School Fund through school districts for all public schools in the state. The program is paperless and visible on the web at [www.schoollandtrust.org](http://www.schoollandtrust.org).

Some examples of these funds in use at Sego Lily are: the STARS reading program, additional technology resources, teacher professional development, DRA testing, etc.

The School Community Council at Sego Lily Elementary is looking for parents who are willing to serve on this council. There are currently two parent positions up for election. Each parent position is a term of two years. This term will begin June 2013. Those willing to fill this position need complete the nomination form below. Nomination forms need to be submitted in person to the front office. The nomination period will be held through the month of February with all nomination forms due by Thursday, February, 28, 2013. To be considered for nomination, you must have a student currently enrolled at Sego Lily Elementary or one that will be enrolled for the 2013-2014 school year and may not be a current employee of Alpine School District. The election will take place the week of March at the school. Election dates to be determined at a later date. For more information or for any questions, please contact Mrs. Johnson 801-768-7030 or Haylie Worthen 801-766-8486.

***Yes, I wish to be a candidate for the Sego Lily Elementary School Community Council***

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

I am the Parent / Guardian of the following children attending Sego Lily Elementary.

\_\_\_\_\_  
Child’s First and Last Name Grade

\_\_\_\_\_  
Child’s First and Last Name Grade

\_\_\_\_\_  
Child’s First and Last Name Grade

Please share some background, educational interest, and reasons for seeking to be a member of the School Community Council:

***\*\*All nominations will be notified prior to being printed on the official ballot\*\****



# Public Education Day on Capitol Hill

**SIGN OUR  
PETITION!**

**Bring the  
Family to See  
the Capitol!**

*Join Those Who Support a  
Greater Investment in Public Education!  
Ask the Legislature to Increase the  
Weighted Pupil Unit by 2% TODAY!*

**March 11, 2013**

**Make a  
Difference!**

**6 p.m.**

**Speakers from  
the Education  
Community!**

**Rotunda**

**Utah State Capitol, Salt Lake City**

**Meet the Cat in the Hat!**

**Don't Forget the Daddy Daughter  
Princess Ball  
All Princesses Invited K-6**

**Dress: Best dress**

*(Tiaras, boas, jewelry and more!)*



**Date: March 28, 2013**

**Time: 6:30- 8:00 P.M.**

**Place: Sego Lily Gym**



*We will dance with our dads, uncles, grandpas  
and more. Pictures will be available to purchase  
for a minimal fee.*

**Come join the fun and  
dance the night away!**