



# The Sego Lily SCOOP

January 2013

SEGO LILY  
OFFICE HOURS  
7:30 AM-4:00 PM

**Please note our  
phone number has  
changed!**

NEW PHONE NUMBER:  
**(801) 610-8717**

## • Important Dates

- Jan. 18-28 Parent Online Scheduler Closes at 11:59 p.m. on the 28th
- Jan. 21 No School Martin Luther King
- Jan. 31 Parent Night Meeting 6:30
- Feb. 4 Minimal Day
  - Early Birds 8:00-12:30
  - Later Gators 9:15-1:45
  - Kindergarten: AM 9:15-11:15
  - Kindergarten: PM 11:45-1:45
- Feb. 5 and 7 SEOP Parent Teacher Conferences from 4-7:30
- Feb. 5-7 Book Fair Closes Thursday
- Feb. 13 Kindergarten Registration
- Feb. 18 No School President's Day
- March 1 Trimester 2 ends
- March 4 Minimal Day
- April 1 Snow Make Up Day
- April 2 No School Teacher Comp.
- April 3-5 No School Spring Break
- May 27 No School Memorial Day
- May 30 Last Day of School

Sego Lily Elementary School

## Principal's Message

With the new year upon us, I want to share my love and appreciation to all of you for raising such beautiful children. Even when students have to make corrections and learn from mistakes, they are willing to be honest and share their feelings with me so they can grow.



Just last Friday, when I was in the lunchroom, I saw a little boy sitting by himself obviously upset. I found out that the boys sitting next to him were irritated and so they moved to the next table. When I spoke to the little boy who was by himself, he began to cry because he felt that the other boys were mean to him. I brought him in my office to finish his lunch and to discuss what was bothering him so we could solve the problem.

Meanwhile, Mrs. Strong stayed in the lunchroom and spoke with the boys who were being mean to the other boy and asked them if they were being tolerant, a value we learned earlier that day in a Character Counts assembly. They admitted that they were bothered by this boy's behavior, but, that they were not tolerant. They agreed to be more tolerant and to be nice to this boy even if he bothers them sometimes. I love working with children who have contrite spirits and are willing to learn from their mistakes. I know without a doubt, that this is because of the great parenting and time you spend teaching your children at home.

## Parent Night Meeting January 31st

You are invited to attend an informative and fun parent meeting on Thursday, January 31st at 6:30 p.m. We want to share with you a "behind the scenes" look into the process of educating your children. We also desire to share our vision at Sego Lily.

In addition, our new safety committee comprised of police, teachers, and parents, will share the process of their plan to make Sego Lily the safest learning environment possible.

**All parents who come will earn their student (s) a Spirit Stick!**

# Online Scheduler Instructions

## SEP Conferences Tuesday, Feb. 5th and 7th

(You may also find the parent scheduler link on our website: <http://segolily.alpineschools.org>)  
Call Brooke, Nancy, or Shelley between 8:00 - 3:45 if you need help.

**Open to Parents January 18th - 28th to schedule appointments.**

1. To access the on-line scheduler, go to:  
[www.canyoncreeksoftware.com/scheduler/ut/alpine](http://www.canyoncreeksoftware.com/scheduler/ut/alpine)
2. From the Online Scheduler Home Page
  - a. Choose your student's school from the drop down list and click "GO"
  - b. Enter the school password: "roadrunners"
  - c. Enter your student's "Student ID". If you don't know the Student ID, use the LOOKUP STUDENT ID button to find it.
  - d. Verify the student's birth date.
  - e. A list of your student's teachers will be displayed. Check the box next to the name of each teacher(s) with whom you would like to make an appointment.
  - f. If you have more than one student in the school, you can see all of your students' teachers schedules at one time by answering YES to this question "Do you want to schedule conferences for another student?" then repeat the steps above for your other students. If you only have one student, answer NO to that question.

- g. You will then see the available time slots for each teacher you selected.
- h. Select the times that work best for your schedule.
- i. Enter your email address (recommended) if you would like an email reminder sent to you.
- j. Once you have finished, you can confirm your appointment details and print this information.
- k. Write down the Confirmation Number (you will need this number to cancel your appointment)

If you do not have Internet access at home, the Internet is available at the city library or you may call the school office.



**Did you know that you can freeze bubbles? If it is below 32 degrees F.**

**Bubbles transform into a magical crystal balls!**

Mrs. Westbrooke's 6th grade class use the dropping temperatures to observe some very "cool" science.

## Ken Garff Reading Winner

Jenna Hall in Miss Tucket's 5th grade class had her name drawn out of the reading tickets during the Character Counts assembly Friday, January 4th, 2013.

The entire 5th grade cheered for Jenna when her name was announced. Congratulations Jenna!





# Science Fair, January 25th



If you love science as much as we do, come visit our science fair. You will see several displays of fabulous projects where students go through the scientific method process to discover answers to their questions about our world.

Date: January 24 1:00 - 8:00 P.M.

Date: January 25 8:00 - 2:00 P.M.

Place: Sego Lily lunch room and gym

## A Note From Mrs. Hendricksen

Due to the lunchroom being occupied for the science fair on the 25th, students will be served sack lunches to eat in their own classrooms. The lunches will contain a Sunbutter sandwich, chips, apples, and carrots. Milk or apple juice will also be served. Sincerely,  
Emily Hendricksen,  
Kitchen Manager

*Sunbutter is like peanut butter, however it is made from sunflower seeds. Mmmmmmmmm good!*



## Character Counts at Sego Lily



## Students of the Month for December

Students were recognized in an assembly, January 4th. We are so proud of our students and their accomplishments. Each student received a spirit stick to wear proudly on their backpack, a certificate for their scrapbook, and gift certificates from local businesses.



Kindergarten PM  
Students of the  
month for December



## Healthy Hints From Nurse Bodily RN

Let's talk about "making sensible food choices". It would seem obvious that what we eat affects us mentally and physically. I often tell children to make good food choices. It seems they know it's important to eat healthy foods but they aren't the one's buying food items for the family. Children are dependent on parents to make good food choices for them. With our lives being so busy with the many responsibilities we must fulfill, at times we find it difficult to incorporate one more thing into our schedules, especially making a healthy food menu. Look at the list below for some healthy hints that remind us why making sensible food choices are vital to the health status of our families.

- Calories count!!!!
- 3500 calories = 1 pound gained or lost- Balancing calorie intake with calories burned will help to avoid weight gain.
- Choose healthy snacks- Offer healthy snacks so children will learn to enjoy these foods. Our body needs the nutrients they provide.
- Beverages- Choose water over sugary drinks!!! These drinks add excess calories to our diet.
- Avoid fast food. Cook at home whenever possible, then you know exactly what you are eating and kids learn a needed skill. Take the "baby steps" you can to work your way to healthy eating. Let's all make it a priority this coming year!!! Happy healthy eating!!!!

## Golden Sneaker Award

Congratulations to the following students for completing 180 points to earn their GOLDEN SNEAKER spirit stick:

Dylan Nelson 5th, Sam Quilter 6th, Emily Knuteson 5th, Halle Fugal 6th, Taylor Peterson 4th, Jake Smith 6th, Halle Burton 4th, and Chance Peterson 1st.

And a very special congratulations to MRS AHLSTROM, 6th grade. She is the first teacher to earn her GOLDEN SNEAKER award!

There are several students-and teachers- who are very close!!! Keep working hard so you can earn your GOLDEN SNEAKER spirit stick, too!

Collect your spirit stick from Coach Burton! WAY TO GO!!

Golden Sneaker is a fun and challenging program to get elementary students into better physical condition. It combines school and home activities where students earn points for participating. The more points a student earns, the higher level of award they will receive. It is free to participate in the program and students are recognized at the end of each school year for their efforts with one of the leveled certificates. Please see our website <http://segolily.alpineschools.org/> where you can learn more.

### Golden Sneaker Levels

BRONZE - 120 TO 149 POINTS  
SILVER - 150 TO 179 POINTS  
GOLD - 180 POINTS OR HIGHER



## Book Fair

The Book Fair is Tuesday, February 5 - Thursday, February 7th . It will be open after school until 7:30 p.m. on Tuesday and Thursday. On Wednesday, it will be open until 4:00 p.m. If you have questions please contact Linda Passey at [kellin94@msn.com](mailto:kellin94@msn.com)



## Seeing Double Again

Sai and Ako Scott are one set of our many twins at Sego Lily.

We love seeing double of these two very respectful boys. They always smile and keep everyone happy.

"These boys are so adorable and awesome! We love having them at Sego Lily!" Brooke Hall



## Students Learn From Service



### First Grade Class Adopts a Hall

The value of student service to the school is important, however, just as important is the effect of service on the students themselves.

After reading the book “Children of the Dustbowl”, Mrs. Moore had the desire to help her class develop a sense of pride and ownership in our school. Her class decided to provide service by “Adopting a Hallway”. Each day students clean fingerprints off of the glass doors, pick up trash, and remove black marks from the floor in the main hall and first grade hall. The students love the way their service makes them feel and the way our school looks.

### Process for School Closures

In the event of a school closure, or on a day when you are questioning a closure, look at the first story on the home page of our district website [www.alpineschools.org](http://www.alpineschools.org) at 6:30 A.M. The local radio and television media will also report any closures.

### Miss McAllister is Engaged!

A reception for Miss McAllister and Earl Daly will be held Friday, January 25, 2013 from 6:00 to 9:00 P.M.

All students and parents who have had Miss McAllister as a teacher are invited to attend. Oak Hills Stake Center 925 E. North Temple Drive in Provo, UT 84604

## Huntsman Nominations

The Jon. M. Huntsman Family is proud to sponsor the 21st Annual Huntsman Awards for Excellence in Education.

Nominate your favorite Utah public school teacher, volunteer, or administrator  
11 Winners Will Receive \$10,000  
New Category: Special Education Teacher  
Nomination forms can be found online at [www.huntsman.com/haee](http://www.huntsman.com/haee)  
Due Date: Wednesday, March 13, 2013

### Parking Concerns

We have had several parent complaints about patrons parking in the pull through area in the front of the school. This causes congestion and makes it difficult for parents to move through that area quickly to pickup or drop off their children. Thank you so much for helping us solve this problem.

### Chess Club Going Quad!

Playing with two players in chess is a challenge, add two more and the challenge is more than doubled, it is quadrupled!

Scientists have shown that playing chess exercises the brain. Higher level thinking skills are utilized--especially in the 4-way chess.



# A Letter from the Sego Lily Safety Council

Dear Parents,

Sego Lily has created its own safety council to ensure the safety of our students, volunteers and faculty. We have collaborated with the Lehi police department, parents, and faculty and we would appreciate your support. **Please go over our school's safety plan with your child. Discuss with your child that teachers will do everything possible to keep them safe and to make sure to follow his or her directions.**

We have a plan in place in case of a lockdown situation both inside and outside of the school. We will be keeping you informed of precautions and actions we will be taking to keep everyone safe and ask that you discuss and practice these actions at home.

## **In case of an internal school lockdown:**

- Announcement will be made over the intercom of a school lockdown
- If in transition, classes will exit building or go into the closest/available room.
- Students will be brought into classrooms, doors will be locked and lights turned out.
- Students and faculty will move to a designated safe spot within the classroom.
- Teachers will take roll and wait for the office to contact them.
- All will remain quiet until notified in person.

## **In case of an external lockdown:**

Students are instructed to stop, drop and freeze until they receive further instructions.

Information of an official lockdown will be posted on the Sego Lily website and a phone tree will be started. You can also watch the television for City Watch updates.

**Sego Lily will be locking all external doors, except for the front doors. It is state law that you must check in at the front office to enter the school. All staff and students have been instructed NOT to open any doors. Please help us, by going through the front doors. Thank you for your help and support!**

Sincerely

Your Sego Lily Safety Council



# Kindergarten Future Registration Information Needed

Dear Parents,

We are getting ready for the kindergarten registration mailing for the 2013/2014 school year. Please fill out the following information and return this form to the office if you have a child that will be attending kindergarten this next school year. If you do not have a kindergarten student, please help spread the word to any neighbors who may have a kindergarten aged student and have them contact the school. Kindergarten registration will be on Wednesday, February 13, 2013.

Child's Name: \_\_\_\_\_ Birthday: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_ Cell number: \_\_\_\_\_

Parents: \_\_\_\_\_

Email: \_\_\_\_\_

Monday	Tuesday	Wednesday	Thursday	Friday
<b>14</b> Popovers Chicken/Peking Chicken Potato Wedges Chef Salad & Cookies Dessert Fruits Vegetables Choice of Milk	<b>15</b> Chicken or pepperoni pizza Yogurt Turkey Wrap Fruits Vegetables Choice of Milk	<b>16</b> Taco Soup Deli Sandwich Fruits Vegetables Choice of Milk	<b>17</b> Beef Chicken Pasty sandwich Fruits Vegetables Choice of Milk	<b>18</b> Burekita Bagel/pretzel Hamburger and Potato wedges Baked Beans Fruits Vegetables Choice of Milk
<b>21</b>	<b>22</b> Chicken or pepperoni pizza Yogurt Turkey Wrap  Fruits Vegetables Choice of Milk	<b>23</b> Beef/Beans Soft Shell Taco Deli Sandwich Fruits Vegetables Choice of Milk	<b>24</b> Pease Pasta and meat sauce Deli chicken Pasty Sandwich Fruits Vegetables Choice of Milk	<b>25</b> Sack Lunches For Science Fair.
<b>28</b> Chicken Fingers Hamburger Potato Wedges Fruits Vegetables Choice of Milk	<b>29</b> Chicken or pepperoni pizza Yogurt Turkey Wrap Fruits Vegetables Choice of Milk	<b>30</b> Beef/Beans Tortaria and Cookies Deli Sandwich and Chips Fruits Vegetables Choice of Milk	<b>31</b> French toast and Eggs Chicken Pasty Sandwich Fruits Vegetables Choice of Milk	