



**Utah Parent Center**  
Special needs, extraordinary potential



## Upcoming Events

### Utah Parent Center and Alpine School District Special Education's Annual Parent Conference

**Thursday, April 17, 2014 6:00-8:30 p.m.**

Dan Peterson School  
169 North 1100 East, American Fork

**Keynote: Managing Difficult Behaviors 6:00 - 6:45 PM**

**Session 1: 6:55 - 7:40 PM**

- Behavior Strategies Severe/Profound
- Helping the Struggling Student: RTI, Section 504 Plans, IEPs
- Visual Supports
- Helps with Eating and Drinking
- Life Mapping - High and Realistic Expectations for your Child

**Session 2: 7:45 - 8:30 PM**

- Behavior Strategies Mild/Moderate
- Least Restrictive Environment (LRE)
- Reading Strategies for Beginning and Emerging Readers
- Stretching and Range of Motion Exercises to Use at Home
- Depression and Anxiety

**Information booths:** Medicaid, Guardianship Associates, MRAU, DSPD, ATEC, Assistive Technology and more!

If you have questions about the Parent Conference, please email Maria at [maria@utahparentcenter.org](mailto:maria@utahparentcenter.org) or call 801-318-1959.

### Nebo Transition Mini-Conference

**Get Your Teen with Special Needs Ready for Transition in 2014!**

**Thursday, April 24, 2014 8:45 am - 2:30 pm** *(Lunch on your own).*

Advanced Learning Center  
570 South Main St., Springville, Utah

**Topics covered include:**

- Developing the IEP and Transition Plan
- Self-Determination: Whose Decision Is It Anyway?
- Plan for the Future: Employment and Higher Education

The Transition Mini-Conference is offered at NO CHARGE, pre-registration is requested. Space is limited, so register today!

**Register online at:** <http://conta.cc/Qzsrok>

or by calling the Utah Parent Center at  
801-272-1051 or Toll-Free at 1-800-468-1160

### Utah Parent Center

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[www.utahparentcenter.org](http://www.utahparentcenter.org)

## **CHADD of Utah - Utah County ADHD Support Group**

If you are a parent of a child with AD/HD or you are an adult with AD/HD, then this support group is just for you!

**Thursday, April 10, 2014 7:00 - 8:30 PM**

Provo City Library - Young-Card Room #308  
550 N University Ave, Provo

**April's Topic: Respect Development: A Guide to Helping Parents Get Back to Basics**

Speakers: Craig Simpson LCSW and Ben Belnap, PhD, Craig Simpson LCSW is an individual and family therapist at Primary Children's Hospital Child Residential and Day Treatment unit. Ben Belnap, PhD is a child psychologist for the Residential and Day Treatment Programs at Primary Children's Hospital.

## **Additional Events**

**Utah Valley University (UVU) Autism Conference**

**Friday, April 11, 2014**

Utah Valley University

For more information visit: [www.uvu.edu/chss/autism](http://www.uvu.edu/chss/autism)

**Spanish Family Links Conference - Conexiones Familiares**

**Saturday, April 12, 2014**

Murray High School

5440 South State Street, Murray

For more information visit: [www.utahfamilylinks.org](http://www.utahfamilylinks.org)

**Autism Resources of Utah County Autism Awareness Day**

**Saturday, April 12, 2014**

4:00-7:00 p.m. at UVU north of the baseball field

Autism friendly games, activities, food and balloon launch.

4:00 p.m.: Fun, games and food

5:50 p.m.: Balloon Launch

6:00 p.m.: Baseball Game

Please invite everyone who cares about autism. Sponsored by UVU and Autism Resources of Utah County Council. For more information visit [autismresourcesuc.org](http://autismresourcesuc.org)

If you have any questions about these or future events or if you are in need of any one-on-one assistance, please contact Maria Wiscombe, Utah Parent Center Parent Consultant serving families in the Alpine School District at 801-318-1959 or by email at [maria@utahparentcenter.org](mailto:maria@utahparentcenter.org)

Sincerely,

*Maria Wiscombe*

Utah Parent Center Parent Consultant Serving Alpine School District

*Please feel free to forward this email to individuals who may find this information helpful.*

# Coming in May 2014

## From NO Where to KNOW Where: Transition to Adult Life Workshop

**Thursday, May 1, 2014 7:00-9:00 p.m.**

Clear Horizons Academy, 1875 S. Geneva Road, Orem, Utah

As families of youth and young adults with disabilities, we have learned many things - but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are "NO Where"...totally lost! Get to "KNOW Where" by learning about transition planning and related issues.

Call the Utah Parent Center at 801-272-1051 or Toll Free at 1-800-468-1160 to register!

## Parent University: Picky Eaters Beware

**Wednesday, May 7, 2014 6:30-7:30 p.m.**

Kids on the Move, 475 West 260 North, Orem, Utah

Join us for an informative evening on tips and techniques to help with your picky eater. Our resident feeding specialist and Speech and Language Pathologist will be present information and techniques to help your child expand their eating repertoire. Taught by Gayleen Bennett.

## Guardianship Associates Pro Se Training

**Wednesday, May 7, 2014, 6:30 - 8:30 p.m.**

Provo City Library - Young-Card Room #308  
550 N University Ave, Provo

During this training session GAU staff will teach the petitioner/guardian how to act as their own attorney (Pro Se) in a guardianship proceeding. We will answer any questions you might have regarding this process. Petitioners will be provided with a CD of documents that the courts require to be filed in a guardianship proceeding. Petitioners will also receive oral and written instructions detailing the process of completing the documents, filing your case and representing yourself in the actual guardianship hearing. The training session lasts approximately 2 hours. There is no cost associated with this training due to a grant from Utah State University. If you choose to use one of the attorneys that works with GAU to represent the ward, payment for their services is due at the time of the training. Cost for ward representation is from \$300.00 to \$450.00 depending on where you live in the state. Once you have signed up for this training an email with more detailed information will be sent to you 1-2 weeks prior to the training.

**Sign up at:** <http://guardianshiputah.org/events/>