



Breakfast \$.85  
 Visitor/Adult \$1.50  
 Preschool \$1.50  
 Ala carte Milk \$.30

# ELEMENTARY MENU 2011-12

Menus Subject to Change

Lunch 1.50  
 Visitor/Adult \$2.50  
 Preschool \$2.50  
 Ala carte Milk \$.30

*Eat Right!  
 Play Hard!  
 Be Healthy!*

Alpine

Cedar Ridge

Deerfield

Eagle Valley

Mt. Mahogany

Orem

Pony Express

Scera Park

Thunder Ridge



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Egg Roll & Oriental Rice  
 Hamburger  
 Fresh Fruits & Veggies  
 Pears/Calif Blend  
 Fortune Cookie  
 Choice of Milk

Mozzarella Breadsticks  
 Turkey Sandwich  
 Fresh Fruits & Veggies  
 Peaches/Green Beans  
 Chocolate Pudding  
 Choice of Milk

Crunchy Fish Sticks  
 BBQ Rib Sandwich  
 Curly Twist Fries  
 Fresh Fruits & Veggies  
 Applesauce/Carrots  
 Choice of Milk

Bean and Cheese Burrito  
 Chicken Pattie Sandwich  
 Fresh Fruits & Veggies  
 Pineapple/Broccoli  
 Chocolate Chip Cookie  
 Choice of Milk

Choice of Cheese or Pepperoni Pizza  
 Ham & Cheese Sandwich  
 Tossed Salad  
 Fresh Fruits & Veggies  
 Grapes/Peas  
 Choice of Milk

Popcorn Chicken  
 Sloppy Joe Sandwich  
 Macaroni & Cheese  
 Fresh Fruits & Veggies  
 Strawberry Cup/Broccoli  
 Choice of Milk

Taco Soup  
 Sub Sandwich  
 Fresh Fruits & Veggies  
 Applesauce/Corn  
 Double Chocolate Cookie  
 Choice of Milk

Cheese Ravioli  
 Chef Salad  
 Wheat Roll  
 Fresh Fruits & Veggies  
 Pears/Calif Blend  
 Choice of Milk

Hawaiian Haystack  
 BBQ Rib Sandwich  
 Fresh Fruits & Veggies  
 Pineapple/Carrots  
 Apple Crisp  
 Choice of Milk

Choice of Cheese or Pepperoni Pizza  
 Hamburger  
 Tossed Salad  
 Fresh Fruits & Veggies  
 Kiwi/Green Beans  
 Choice of Milk

Orange Chicken & Steamed Rice  
 BBQ Rib Sandwich  
 Fresh Fruits & Veggies  
 Pears/Calif Blend  
 Fortune Cookie  
 Choice of Milk

Soft Shell Taco  
 Ham & Cheese Sandwich  
 Fresh Fruits & Veggies  
 Applesauce/Corn  
 Cinnamon Roll  
 Choice of Milk

French Toast & Ham Slice  
 Chicken Pattie Sandwich  
 Hashbrown Pattie  
 Fresh Fruits & Veggies  
 Strawberry Cup/Green Beans  
 Choice of Milk

Chicken Soup & Grilled  
 Cheese Sandwich  
 Hamburger & Chips  
 Fresh Fruits & Veggies  
 Peaches/Carrots  
 Choice of Milk

Choice of Cheese or Pepperoni Pizza  
 Turkey Sandwich  
 Tossed Salad  
 Fresh Fruits & Veggies  
 Cantaloupe/Peas  
 Choice of Milk



Chicken Nuggets  
 BBQ Rib Sandwich  
 Potato Wedges  
 Fresh Fruits & Veggies  
 Pineapple/Broccoli  
 Choice of Milk

Beef and Bean Tostada  
 Turkey Wrap  
 Fresh Fruits & Veggies  
 Applesauce/Corn  
 Carnival Cookie  
 Choice of Milk

Penne Pasta & Meat Sauce  
 Chef Salad  
 French Bread  
 Fresh Fruits & Veggies  
 Pears/Calif Blend  
 Choice of Milk

Turkey Roast with  
 Potatoes & Gravy & Roll  
 Hamburger & Chips  
 Fresh Fruits & Veggies  
 Peaches/Carrots  
 Choice of Milk

Choice of Cheese or Pepperoni Pizza  
 Deli Sandwich  
 Tossed Salad  
 Fresh Fruits & Veggies  
 Kiwi/Green Beans  
 Choice of Milk

August	September	October	November	December	January	February	March	April	May	June
M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F
1 2 3 4 5	6 7 8 9	1 2 3 4 5 6 7	8 9 10 11	1 2 3 4	5 6 7 8 9	1 2 3	4 5 6 7 8 9 10	1 2 3 4 5 6	7 8 9 10 11	1 2 3 4
8 9 10 11 12	13 14 15 16	17 18 19 20 21	22 23 24 25	12 13 14 15 16	17 18 19 20	21 22 23	12 13 14 15 16 17 18	19 20 21 22 23	24 25 26 27	1 2 3 4 5 6 7 8
15 16 17 18 19	20 21 22 23	24 25 26 27 28	29 30	19 20 21 22 23	24 25 26 27	28 29	19 20 21 22 23 24	25 26 27	28 29 30 31	9 10 11 12 13 14 15
22 23 24 25 26	27 28 29 30	31	28 29 30	26 27 28 29 30	30 31	27 28 29	26 27 28 29 30	30	28 29 30 31	16 17 18 19 20
29 30 31	26 27 28 29 30									18 19 20 21 22
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### BREAKFAST

CHOICE OF: Oatmeal, Pancakes, Breakfast Wrap, Waffle Sticks or Assorted Cereal

CHOICE OF: Milk

CHOICE OF: Fruit & Juice & Yogurt Condiments



Alpine Nutrition Services does not produce or purchase any products containing peanuts or tree nuts. We carefully monitor for products that may be cross-contaminated with nut allergens. Please see your school manager with any questions.



Item is produced in a facility processing other nut products and may contain allergens.



### MealpayPlus<sup>®</sup>

Online Prepayment System  
 Powered by Horizon Software International, LLC

Set up alerts and monitor your student's balance for FREE at [www.MealpayPlus.com](http://www.MealpayPlus.com) Online payment option is also available with a 4.75% transaction fee. Payments will post to your student's account within 48 hours.

### CHARGE POLICY

Elementary students may charge up to \$6 for meals. Students with negative balances over \$6 will be provided with a deficit meal and a parent contacted. To review the detailed charge policy, please visit [alpineschools.org](http://alpineschools.org) under Nutrition Services.