

OREM RECREATION DEPARTMENT 2015 FALL PROGRAMS

REGISTRATION INFORMATION:

Visit www.oremrecreation.com to find information regarding programs offered by the Orem Recreation Department, as well as schedules, prices, ages, etc. Registration for all activities is available online (unless otherwise specified) or at the Orem Fitness Center (580 W 165 S, Orem).

FLAG FOOTBALL LATE REGISTRATION

Boys and girls in grades 3-4, 5-6, and 7, 8, & 9 can register for Flag Football!. Late Registration begins on August 24th at the Orem Fitness Center (580 W. 165 S., Orem) and will be accepted until teams are full. No online registration will be available. Cost is \$38 and includes a team T-shirt. (There is an extra \$10 fee for non-residents.) Games will begin Sept. 12th and be played for seven consecutive Saturdays at the new Palisade Park (1313 E 800 N, Orem).

YOUTH WRESTLING

Youth grades K-6th can participate in the fall wrestling program. Fee is \$35 and includes a t-shirt. Classes will be held at the Mountain View High School Wrestling room on T/TH Oct 20,22,27,29, from 4:30–5:30 PM. The program will end with a tournament the morning of Oct 31 from 9:00–10:00 AM. For more information, please call 801-229-7167.

HIGH SCHOOL RACQUETBALL TEAM

The Orem Fitness Center is offering an opportunity for all High School aged students to be a member of an organized Racquetball team. All students, regardless of experience, are invited to participate. *Skill Development *Professional Instruction *Tournament Participation *Exercise/Practice. Get ahead of the game! For more information, please call 801-229-7118.

YOUTH BASKETBALL REMINDER...



Just a reminder that basketball season is around the corner! Registration for boys & girls will be accepted starting Oct 1. Fee for 3-6 grade girls and boys is \$50 + \$10 ASD fee; 7-8 grade girls and boys is \$55 + \$10 ASD fee; 9-12 grade registration is done on a team basis and the fee is \$525 for 8 players.

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LITTLE HOOPSTERS BASKETBALL

Little Hoopsters is a basketball camp for boys and girls in grades 1-3. Children learn basic skills like passing, dribbling, and shooting. Sportsmanship & teamwork are emphasized! Camp fee is \$35 and includes 4 sessions and a camp T-shirt. Sessions are held Wed afternoons from 4-5:00 PM. Session #4 will be held Sep 9, 16, 23, & 30. Session #5 will be held Oct 7, 14, 21, & 28. Session #6 will be held Nov 4, 11, 18, & Dec 2. Register early as camps fill quickly and space is limited. For more information, please call 801-229-7167.

TINY TOTS SPORTS SKILLS CAMP

Tiny Tots Sports Camp is for children ages 4 & 5. This is a great opportunity to introduce young children to basic sports and learn some fundamental skills, while interacting with other children their own age in a supervised setting. Fee is \$30 and includes 4 sessions and a camp T-shirt. Sessions are held Mon. & Wed. from 10:00 AM-11:00 AM. Session #3 will be held Sep 21, 23, 28, & 30. Session #4 will be held Oct 5, 7, 12, & 14. Session #5 will be held Nov 2, 4, 9, & 11. Register early as camps fill quickly and space is limited. For more information, please call 801-229-7167.

FALL TENNIS LESSONS

Fall Tennis sessions will be held at Windsor Park Courts (1250 N 200 W). Fee is \$27. Each three week session is held on M& W or T & TH; Session #2 starts Sept 14. Beginner lessons offered at 4:00 & 5:00 PM and intermediate lessons are offered at 6:00 PM, For more information, please call 801-229-7158.

NFL PUNT, PASS, & KICK

This event offers boys & girls the opportunity to compete in punting, passing & place-kicking contests based on distance and accuracy. Age groups are 8-9, 10-11, 12-13, & 14-15. The competition will be held on Sat., Sept. 26, 2015 from 8:30-11:00 AM at Palisade Park fields ((1313 E 800 N, Orem). Participants will need a copy of their birth certificate and a parent's signature to participate. No cleats or bare feet. This event is FREE!