

## When can I end quarantine?

You should stay in quarantine for 10 days. Or you can be tested on day 7 of quarantine and if you test negative and do not have any symptoms of COVID-19, you can end quarantine.

If you choose not to get tested or you are living with someone who has COVID-19, you can end quarantine 10 days after the last time you were around the person who has COVID-19.



**Covid Testing Location Options** – this is just a few that the Utah Co. Health dept. has given us to share. Outside of these locations – you will just need to search the internet for testing locations and give them a call to see if they do rapid testing and also to check on cost/insurance coverage.

1) Intermountain- <https://intermountainhealthcare.org/covid19-coronavirus/get-testing/>

2) Test Utah <https://www.testutah.com/en>

3) Utah Valley Pediatrics can test, student needs to have symptoms, and needs an office visit with the doctor. The test is nasal, not nasopharyngeal, you get results in 15 minutes. Only Provo location currently doing COVID testing. [https://www.uvpediatrics.com/offices/nprovo-pediatrics/?utm\\_source=google\\_local&utm\\_medium=organic](https://www.uvpediatrics.com/offices/nprovo-pediatrics/?utm_source=google_local&utm_medium=organic)

4) Premierdx testing. <https://www.premierdx.com/services> This is a private entity, they do take insurance but without insurance the cost is \$125.

5) Medallus Urgent Care in American Fork-offers rapid testing. They take most insurances but do not take select health. Out of pocket cost is \$150. It is the nasal PCR test, results are ready in 15 minutes but there is a wait time to get tested. To get tested you need to go to their website <https://www.medallusurgentcare.com/> and register for “Rapid COVID testing visit.”