



Lehi Elementary PTA Newsletter -- April

PTA President's Message

I am so glad Spring is here finally. With the great weather comes a lot of fun things at Lehi Elementary. Thank you so much to all the volunteers that helped with our first ever Science Fair. Congratulations to all the students that participated and also to those who won. I am sure that all of you would agree with me that it will be fun to watch Mr. Miller spend the night on the roof of the school. He is such a good sport and hopefully the weather will permit for him to be able to do it soon. Just a reminder to all the parents, Teacher Appreciation is the second week of May. While the teachers love to receive gifts and cards from their students, please remember to keep it simple, they would love anything you give. Thank you for all the support you give the teachers and Lehi Elementary.

Jennica Scott, President

Calendar

April

- 1 to 5 Spring Break - No School
- 9 PTA Board Meeting 10am
- 12 Spelling Bee 9:30am
- 17 Dads and Donuts, 9:15 am
Sixth Grade
- 24 Secretary's Day

May

- 4 Minimal Monday
- 7 PTA Board Meeting 10am
- 6 to 10 Teacher Appreciation
Week

Newsletter items due the 22nd of the month
to LanceMadigan@hotmail.com



[www.facebook.com/
LehiElementaryPTA](http://www.facebook.com/LehiElementaryPTA)

Spelling Bee

Friday, April 12, 9:30am for
parents of finalists only. Winners
to be posted in May Newsletter.



Dads and Donuts

April 17th
6th Grade



April is the month of a million! Get ready to...



More information will be coming home so keep looking 😊

Growing By Leaps and Bounds

100,000 pennies has come to an end. I am proud to announce that we reached our goal!! On March 18th alone we brought in nearly 40,000 pennies. It will be up to the winning grade to choose what they would like to spend their money on for the school. We will let you know what they decide in next month's newsletter. It was

more -- over

Growing By Leaps and Bounds -- continued

a really fun competition and I am sure Mr. Miller is super excited to sleep on the roof of the school!!!

When Spring Break is over we will be starting our last goal. All of April and May the students will be trying to reach a goal of one million steps. We will be providing each student and teacher a pedometer to keep track of the steps that they are taking each day. We will be starting with a fun walking activity and ending with a fun walking activity. With the nice spring weather we should be able to easily reach our goal and hopefully have a lot of fun doing it.

Wash, Wash, Wash your Hands!

Did you know one of the most important things you can do to keep from getting sick is to wash your hands? Common illnesses that can be prevented through washing hands includes: colds, influenza, food poisoning, Hepatitis A (food-borne viral illness that causes liver inflammation and gastrointestinal upset, Rotavirus, and Norovirus (common causes of diarrhea), among many other things.



Some activities that you should make an effort to wash your hands before doing include:

- Preparing food
- Eating
- Brushing your teeth
- Helping a young child, someone elderly or someone who is sick

Several activities that you should make an effort to wash your hands after doing include:

- Going to the bathroom
- Changing diapers
- Touching door knobs, railings, or other surfaces that have been touched by others
- Helping a sick person
- Blowing your nose
- Handling uncooked meat and poultry
- Touching animals or anything in an animal's environment
- Coughing or sneezing

There is a right and a wrong way to wash your hands. The best way is to use soap and to rub your hands together under running water. Make sure to follow these steps for the most effective germ removal:

1. Wet your hands (very warm water works best).
2. Apply soap to your hands.
3. Rub your hands together to work up a lather. Do this for 15-20 seconds. If you are unsure how long this is, sing the Happy Birthday song all the way through two times in your head. Make sure you get under your fingernails, the palms, and the back of the hands.
4. Rinse the soap off under running water.
5. Dry your hands with a clean towel, paper towel, or an air dryer. If neither of these are present you can let them air dry. If possible use the paper towel to turn off the faucet and open the door.

For more information on proper hand washing techniques go to: <http://www.cdc.gov/Features/HandWashing>