14th Annual Hawk Walk 2015

Rules and Instructions

Please keep this paper for your information.

- 1. Pledge envelopes will be sent home with students on **September 2nd.**
- Envelopes with pledges written in the spaces provided need to be returned by Wednesday September 16th. (Pledge envelopes only, no money please).
- 3. Pledges may be made on a per-lap or flat donation basis. Each lap is approximately 1/6 mile.
- 4. Every student will have the opportunity to participate in the Hawk Walk during the school day on **Friday, September 18th**. Parents are encouraged to come and cheer on the students. NO DOGS, PLEASE.
- 5. Students will walk for one hour. They will warm up before they walk and everyone who participates will receive a snack after their walking time.
- 6. Students should wear appropriate shoes for walking and bring a water bottle. For added spirit, students are welcome to wear their Highland Hawk shirts.
- 7. Lap cards will be worn and marked by the teacher or volunteer at the completion of each lap. Lap cards will be verified immediately after the Walk and envelopes or lap sheets will be sent home by **Tuesday September 22nd**.
- 8. Anyone cheating will have their lap card taken away and will not be eligible for prizes.
- 9. Please collect pledges and return the envelopes with the money inside them by **Wednesday October 7**th for counting.
- 10. Everyone who participates is invited to our "**Do You Dare???** We **Double Dare** You!!!" awards assembly that will be held Wednesday October 14th.
- 11. The classes that walk the most laps, bring in the most money, and return 100% of their envelopes will be rewarded!
- 12. Please do not have your child go door-to-door trying to obtain pledges. Students are encouraged to gather pledges from friends and family.
- 13. Please refer to the walking schedule below to see when your child's class will participate.

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Walking Schedule 2015

9:30-10:30 am K, 1st, 2nd, 3rd

10:45-11:45 am Lifeskills, 4th, 5th, 6th

North Track	South Track	North Track	South Track
Kindergarten	2 nd Grade	Lifeskills	5 th Grade
1st Grade	3 rd Grade	4 th Grade	6 th Grade