



Special needs,  
extraordinary potential



## ***Impulse Control: What is it and How do we Get it?***

Presented by Karen Fairchild, LCSW

Corrected Date:

**Thursday, October 29, 2020**

6:30-8:00

Does your child have a hard time slowing down enough to think through an impulse or urge to do something that is inappropriate?

Do they feel an urge to act, and before anyone (even them!) knows it, they've acted out in spite of predictable negative consequences?

If so, then this Parent Night is for you!

This Parent Night will focus on:

- Helping children recognize impulses
- Developing plans for slowing down their reactions
- Becoming motivated to practice skills.

**Please register to participate virtually:**

<https://bit.ly/2RR0av6>

Questions? Please contact Maria Wiscombe 801-318-1959 or  
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For information on Parent Nights and other upcoming events visit  
<http://alpineschools.org/specialeducation/>

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