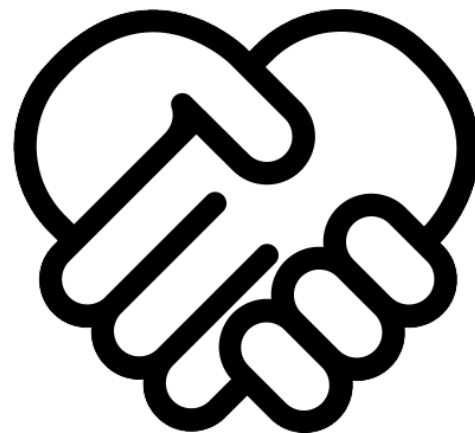
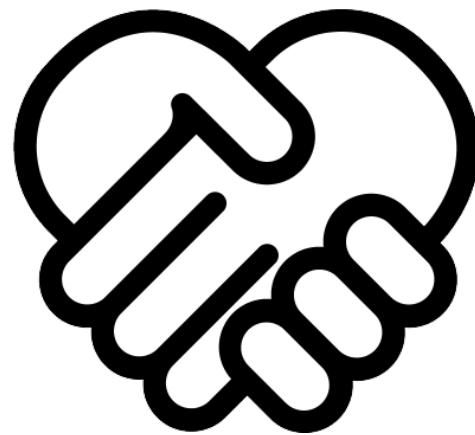


# FOX HOLLOW RANDOM ACTS OF *Kindness* STUDENT SHEET



Leave someone a kind note	Give A Compliment to someone you don't know	Hold the door for someone	Smile at someone you don't know	Make a new friend at recess
Write a kind note to your teacher	Do one of your other family member's chores	Tell someone they look nice	Say "thank you" to a school worker	Offer to help a classmate
Offer to help your teacher	Write a kind note to a family member	 <b>FREE SPACE</b>	Make sure your desk is clean	Write a thank you to someone that works at the school but isn't your teacher
Tell your teacher a joke	Clean up a mess you didn't make	Say "Good Morning or Good Afternoon" to the aides on duty outside	Push in a chair	Think of something you have enjoyed that your teacher has recently done for you. Tell them thanks for doing it
Read a story to a sibling or parent	Call a family member that doesn't live with you and say something kind	Say "thank you" to the person who gets you to/picks you up from school.	Make a homemade gift for someone (don't buy anything-just use what you have at home)	Say "thank you" to the person who made your meal

# FOX HOLLOW RANDOM ACTS OF *Kindness* FAMILY SHEET



Leave the mail carrier a nice note	Give A Compliment to someone you don't know	Hold the door for someone	Smile at someone you don't know	Do something kind for a neighbor
Invite a family member (or members) to play a game	Do one of your other family member's chores	Tell someone they look nice	Leave a kind note on a random car	Think of someone that is special to your family (not a family member) and write a kind note to them
Read a story as a family	Write a kind note to a family member	 <b>FREE SPACE</b>	Tell a family member something that you think is special about them	Help a family member with their homework
Tell a family member a joke	Clean up a mess you didn't make	Ask a family member how their day was	Work together to clear the table after you eat	Leave a kind note on your garbage cans for the garbage man
Mail a kind letter to a family member that doesn't live with you	Write an encouraging message and leave it in a family member's bag, backpack, or purse	Drop off kind notes to the police station or fire station	"Heart-Attack" (write kind notes on heart shapes and tape to door) a neighbor, friend, or family member's door	Give a hug to a family member that needs it