Principal's Corner- February 24-28,2020

Greetings Fox Hollow Parents,

This has been another wonderful week at Fox Hollow! I met more teachers and support staff at Fox Hollow Elementary. I was also able to meet with the school leadership team and celebrate school successes and to look closely at current evidence of learning to establish our next steps to helping all students to reach their potential. The teachers at Fox Hollow are amazing and ready to set new goals and to chase those goals into the new year.

I wanted to mention that I am very excited to meet with so many of you this coming Monday evening (February 24th- 5:00 to 7:00 p.m.) during Fox Hollow's Family Math and Art night. The teachers have prepared great math activities and there will be pizza from our P.T.A. and oh, cookies too for everyone. There will also be student art displayed for each and every student throughout the hallways for parents to view and celebrate. Overall, it should be a great event for all of us. I hope to see you there!

Have a great weekend!

Shawn Brooks

Principal, Fox Hollow Elementary

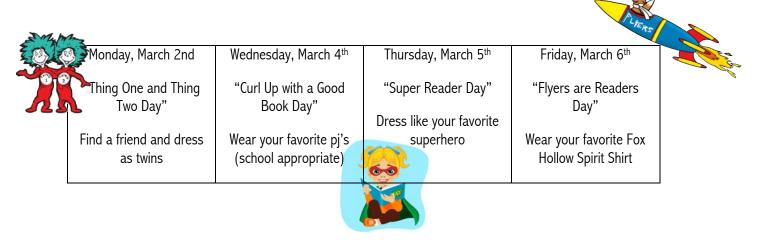
Key Calendar Dates-



 February 24: Kindergarten Online Registration (Opens at 8:00 a.m.)
February 24: Family Math and Art Night (5:00-7:00 p.m./ Pizza)
February 28: 4th Grade Living Planet Aquarium Lab comes to visit Fox Hollow
March 2: Fox Hollow Spirit Assembly

Read Across America Week 2020-

Please join us in celebrating the great Dr. Seuss AND reading! Please see the planned activities for the week of March 2-6 listed below.



Winter Weather-

Winter is now upon us so please make sure that your students are dressed appropriately. We will have recess as long as the temperature is above 20 degrees. This means that your student should have hats, gloves, and coats. We want every student to be comfortable when outside in cold weather.

Coronavirus Update-

As you are aware, there is a lot of information out locally, nationally and globally about the coronavirus. The Centers for Disease Control and Prevention (CDC) and state and local health departments in Utah are closely monitoring the outbreak of respiratory illness caused by a novel coronavirus which is centered in China. Area health directors and other officials have been in communication with one another and are sharing information and resources.

There are currently no confirmed cases of novel coronavirus in our region. CDC considers the immediate risk to the American public to be low at this time.

I have attached a notice from the Utah Department of Health, addressing the Coronavirus, to this newsletter. It is my hope that it will be helpful to you and answer questions that you might have about this outbreak.

Thank you for your understanding as we all work together to make sure your children are in a safe environment for learning.

Perseverance-

This month with our character education program, students will be learning about perseverance. The concept of perseverance can most often be found in one's active pursuit in overcoming obstacles. Perseverance is a uniquely human characteristic that identifies an individual's ability to spend long periods of time devoted to a single goal or set of goals. Those who persevere are able to set goals for themselves and then take active, calculated steps toward those goals. People demonstrating high levels of perseverance are able to handle significant, sometimes repeated, setbacks in pursuit of goals. Fox Hollow students will benefit from the study of this important character trait. (*See the attached sheet on perseverance.)

Kindergarten Registration-

We are excited to provide kindergarten registration online. Parents may go to our website beginning February 24, 2020 at 8:00am and begin the registration process (we have computers available to use at the school if necessary). The following steps will complete your student's registration:

- 1. Come into the office as early as 10:00am the day after you have submitted the online form to sign the documents it generated. It is not required to come the following day but must be done before a time request will be considered, and of course, before a teacher can be assigned.
- 2. Bring the following things with you:
 - a. Child's original birth certificate
 - b. Immunizations to Date
 - c. Proof of Residency current utility bill, lease or rental agreement, purchase contract
 - d. Custody Documents (if applicable) judge signed divorce decree showing custody, state appointed guardianship
 - e. Picture ID
- 3. Complete online transportation information questionnaire
- 4. Go to our website beginning March 24th at 8:00am and complete time request. Request will be considered on a first come first serve basis based on timestamp. Every possible consideration will be given to time requested.

Fox Hollow's Math and Art Night-

Mark your calendar for Monday, February 24th. Math and Art Night is open house style 5:00-7:00pm. Bring the family for all or part of that time. Our teachers are excited to see you. Pick up a map outside the office to see which rooms in your student's grade will host the math games. Artwork will be displayed throughout the school. Of course, your student's art will be outside their classroom but, if you have time to spend a few extra moments, stroll through the school and enjoy the "art gallery". Don't miss out on free pizza and cookies in the gym before you go!

Rodents at Recess-

We have had some questions about rodents at recess. Yes, it is true! We have had rodents out in the playground area behind the school and students have been curious about these furry creatures. We are keeping students away from the mice and we have had the school district pest control technicians come and spray pest control chemicals to drive the mice away over the President's day weekend. We are all hoping that this situation will come to an end soon, but until it does, rest assured, that the playground recess staff will keep your children away and safe. Thank you for your patience as we work to solve this problem.

Fox Hollow Roof Project-

I wanted to give you an update on the roofing project that is currently happening at Fox Hollow Elementary. I met this week with the construction manager for KBR roofing company. He was encouraged by the progress that his crew had made so far and he felt that mid-April would be a good estimate when his crew would be finished with the new roof. I loved that he was concerned about the teachers and students. Specifically, he let me know that during testing times he would pull his crew off the roof to allow students to not be distracted. The KBR crew has also been very responsive in cleaning up debris from the project to protect students. Overall, the new roof project has been successful and should last for many years to come. If you have further questions, don't hesitate to ask.

Student Wellness: The Importance of Washing your Hands

Despite our vigilance to stay healthy amidst the flu season, you probably know someone who has suffered from the flu or a cold this winter. Here are several quick reminders to help you and your family stay healthy and recover quickly:

1. Get plenty of sleep. Taking time to recuperate is one of the best things you can do to keep your body healthy and strong.

2. Drink plenty of fluid. Drinking water helps fight against the flu, wards off headaches, and flushes toxins from our bodies. When we are sick, especially when we have a fever, we are at risk for dehydration. Be sure to drink plenty of liquids to keep the body hydrated. Warm beverages like tea can be particularly soothing when we are not feeling our best.

3. Gargling with salt water can help to reduce swelling in the throat and loosen mucus. A study in Japan found gargling with green tea reduced the likelihood of getting the flu due to green tea's catechins, a type of antioxidant which may help prevent infection.

4. Enjoy a steamy shower to help moisturize your nasal passages and clear out mucus in your nose and throat.

5. Regularly wash your hands with soap and water. We frequently touch our eyes, nose, and mouth without even realizing it. All are places where germs can enter the body and make us sick.

Of course, you want to seek medical attention if your condition does not improve and limit your contact with others to prevent the spread of illness.

Have a great week!!