



# Explorer News

## Principal's Message - Mr. Jeremy Brunner

How can you get the most of Parent-Teacher Conferences? This week, we will be holding our first Parent-Teacher Conferences of the year. I wanted to share my thoughts on steps you could take to ensure that these conferences are a valuable tool for shaping your child's educational experience for the remainder of the school year.

The most important thing is that you come to Parent-Teacher Conferences. The parents in this community value education, and our Parent-Teacher Conferences are always well attended, but there are always a few parents who cannot seem to find the time to come. I hope each one of you will make meeting with your child's teacher a priority next week.

When you come to meet with your child's teacher, be prepared to have a sincere conversation about your child's strengths and areas in which he or she can improve. Ask good questions. Find out how your child is performing and what his or her teacher's plan is to prepare your child for advancement to the next grade.

Share your concerns with the teacher. Do you feel like the communication from your child's teacher is adequate, or does it need to be improved? Is your child happy at school? Does he or she have friends? How is the quality of the relationship between your child and the teacher? What kinds of things work at home to help your child be motivated and excited about learning?

Also, be mindful of the clock. There may only be a few minutes before the teacher needs to move on to the next parent. If you would like more time, please arrange a follow-up time to meet again to finish your conversation. Attending Parent-Teacher Conferences is a great opportunity to enhance the partnership between school and home. I hope you will take the time and visit with your child's teacher. Thank you.

Sincerely,  
Jeremy Brunner  
Principal

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We want to thank our incredible Fall Festival committee for all their hard work and effort on yet another amazing experience. We would specifically like to thank Nan Black, Erin Brown, Amy Hulme, and all the other wonderful people who helped plan and put in hours upon hours of time and talents to make it a memorable week.



# PTA President's message

Amy Oakey



PTA meetings are a good way to become informed as to what is going on in the school. We hear from our principal, Mr. Brunner, as well as committee chairs who have upcoming events. This gives us the opportunity to know what ways we can help in the school.

PTA meetings are also a way for parents to come and be a part of decisions that need to be made with regard to our budget and the best way to help our students and teachers.

At PTA meetings you can also express any concerns you may have or share good things that you are seeing at Foothill.

We would love to see you there.

PTA Meetings for the 2017-2018 School Year:

October 11

November 8

December (No Meeting)

January 10

February - TBA

March 14

April 11

May (No Meeting)

All meetings are held in the Media Center at 10:00 AM.

## Press Release: Elementary & Secondary School General Core

<http://www.utahpta.org/press-release-elementary-secondary-school-general-core>

It's not too late to join PTA. Click this link here: <https://goo.gl/forms/ATk3Q7daZSjyi0Pr2> When you join the PTA you support all of the programs that our amazing PTA runs at the school and you become a "voting member." You can be involved as much or as little as you would like, but we need your voice at the very least! The cost is just \$5 for the year. Payments can be sent into the school or paid by Venmo. See the link above for details. Once I joined the PTA I found I knew so much more about opportunities for my kids at the school and felt like I had a place to use my voice to make a difference. Join today!

Lisa Oliver (Membership VP)



# Upcoming Events

## October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Book Fair	4 Book Fair Parent Teacher Conference	5 Book Fair Parent Teacher Conference	6 Book Fair
9 Early Out Day	10	11 PTA Meeting - 10am	12	13
16 Early Out Day	17	18	19 Fall Break No School!	20 Fall Break No School!
23 Professional Develop. No School!	24	25	26	27
Early Out Day	31 Halloween Parade 9:30			

### October Birthdays!

Nathan Pope 16  
 Kerry Stott 17  
 Kris Pinegar 24  
 Lynette Denning 24

### Next Month...

First Trimester Ends November 17  
 Thanksgiving Break-No School November 22  
 Holiday Concert November 30

## In other news...



### Reflections

The theme for 2017-18 Reflections is Within Reach. Reflection Entries will be due October 25. Please see the attached flier for more details and rules.



### Foothill Art Program

Attention Art Volunteers! Just a reminder that art starts October 2nd. You should receive an email from your classroom's Art Coordinator soon, if you haven't already, with more information. In the meantime, feel free to check out the art website [foothillarts.blogspot.com](http://foothillarts.blogspot.com). Thank you so much for volunteering! If you haven't signed up, and are interested, it's not too late. Email the Art Committee at [foothillartsprogram@gmail.com](mailto:foothillartsprogram@gmail.com) and we can get you set



### Book Fair

The Scholastic book fair will be held at the following times:  
Tue. 10/3 11:15-12:30,  
Wed - Thur. 10/4-5 11:15-12:30 & 3:30-7:30,  
Fri. 10/6 11:15-12:30.



## Box Tops for Education

Great job collecting Box Tops over the summer. We had 2565 Box Tops submitted at the end of August. That is \$256.50 that all goes right directly to Foothill. Keep collecting! Our next deadline to turn in Box Tops is Monday, October 2. Everyone who turns in Box Tops will receive a prize. A new Box Top collection sheet will be coming home at the end of the month.

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## **Sundance Ski and Snowboard School**

2018 Season Dates:

Feb 12, Feb 26, March 12, March 19

On Mondays from 4-6pm

Ages: 8 and up for skiing

9 and up for snowboarding.

Cost: is \$200 or \$160 with season pass

If you are getting a season pass, remember to do it before Oct 31! Each pass is discounted \$100 till then!

<https://www.sundanceresort.com/mountain-activities/season-pass-information/>

Rentals: Ski/snowboards \$10 per session

Helmets \$5 per session

Registration: open in November at <http://www.foothillpta.org/programs/ski-school-sundance>

Questions: contact Katrina Larson at [leifandkatrina@yahoo.com](mailto:leifandkatrina@yahoo.com) or 801-361-0287

# Nursing News

October 2017

One of the most common calls I make to parents is because their child has a reddened eye. "Conjunctivitis" or "PinkEye" is common in young children. It is contagious and breakouts can sweep through schools and playgrounds. Even teens and adults can get pinkeye.

Pinkeye is caused by many of the bacteria and viruses responsible for colds and other infections-including ear infections, sinus infections, and sore throats.

Some kinds of pinkeye are noninfectious, such as: allergic conjunctivitis caused by hayfever, grass, ragweed pollen, animal dander, and dust mites. Irritant conjunctivitis is also noninfectious and is caused by anything that irritates the eyes such as air pollution or chlorine in pools.

Signs and symptoms of pinkeye include: eye discomfort, discharge from the eye, pain and swelling of the conjunctiva, swollen eyelids or sensitivity to bright lights. Pinkeye can affect one or both eyes.

## PINKEYE IS CONTAGIOUS IF IT'S CAUSED BY BACTERIA OR A VIRUS:

-Pinkeye that's caused by bacteria can spread to others as soon as symptoms appear and for as long as there's discharge from the eye, or until 24 hours after antibiotics are started.

-Pinkeye that's caused by a virus is generally contagious before symptoms appear and can remain so as long as the symptoms last.

A child can get pinkeye by touching an infected person or something an infected person has touched such as desktops and other surfaces, a used tissue, a pencil or crayons. In the summertime, pinkeye can spread when kids swim in contaminated water or share contaminated towels. It also can spread through coughing and sneezing.

Someone who has pinkeye in one eye can spread it to the other eye by rubbing or touching the infected eye, then touching the other eye.

Pinkeye caused by a virus usually goes away without any treatment. Pinkeye caused by a bacteria is treated with antibiotic eye drops or ointment. THESE EYE DROPS OR OINTMENT MUST BE USED FOR 24 HOURS BEFORE YOUR CHILD IS ALLOWED TO RETURN TO SCHOOL.

If the pinkeye does not improve after 2 to 3 days of treatment, or after a week if untreated, call your doctor. If your child has increased swelling, redness and tenderness in the eyelids and around the eye, along with a fever, call your doctor. Those symptoms may mean the infection has started to spread beyond the conjunctiva and will need further treatment.

Kim Lowe, RN, School Nurse

PLEASE REMEMBER TO:

- **Always teach your children to wash their hands with soap and water at home and at school.**
- **Remind your children to keep their fingers out of their eyes.**



2017-2018

NATIONAL PTA REFLECTIONS®



# WITHIN REACH



Dance  
Choreography



Film  
Production



Literature



Music  
Composition



Special  
Artist



Photography



Visual Arts

Reflections is an art contest sponsored by the PTA. Create an entry based on the theme and win awards and prizes! Entries from all grades and abilities are welcome. All participants will be recognized.

Pick up category rules and entry forms from the table by the main office.

Deadline for Entries: October 25, 2017

Email [oremfoothillpta@gmail.com](mailto:oremfoothillpta@gmail.com) with questions





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## OFFICIAL RULES

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Choose one or more categories below to submit original work that interprets the 2017-18 PTA Reflections theme: Within Reach. Complete an entry form and submit along with artwork to \_\_\_\_\_ by \_\_\_\_\_.  
(Include your arts category, division and full name on submission envelope)

Submissions will be reviewed by experienced artists for interpretation of theme, creativity and technique. We look forward to celebrating your artistry and achievement in the arts!

**Dance Choreography:** Solo and ensemble works of all dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. If background music is used, cite it on the entry form. Video file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

**Film Production:** Accepted short film styles include: Animation, narrative, documentary, experimental or media presentation. Use of Power Point is prohibited. Entrant must be the screenwriter, cinematographer, editor and producer. If background music is used, cite it on the entry form. Video file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

**Literature:** Accepted forms of fiction and nonfiction include: Prose, poetry, reflective essay, screen play and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. Use of copyrighted material is prohibited. Writing must not exceed 2,000 words and may be handwritten or typed. Accepted formats: Single-sided print on 8 1/2x11" paper, PDF file.

**Music Composition:** All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Use of copyrighted material is prohibited. Audio file must not exceed 5 min. and 1 GB in size. Accepted formats: MP3, WMA, WAV, ACC, FLAC. Notation (score/tabulature) in PDF format is only required for middle and high school divisions.

**Photography:** Photo must be a single print/digital image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including but not limited to, multiple exposure, negative sandwich and photogram. Use of copyrighted material is prohibited. Print image dimensions must be no smaller than 3x5 inches and no larger than 8x10 inches. Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches. Framed prints are not accepted. Digital image dimensions must be at least 640x960 (pixels) and 300 dpi (resolution). Accepted file formats: JPEG, JPG, GIF, PNG.

**Visual Arts:** Works of both fine and design arts are accepted, including but not limited to: architectural drawing and models, ceramics, collage, computer generated images and graphics, crafts, drawing, fashion clothes and jewelry, fiber work, mixed media, painting, printmaking and sculpture. Use of copyrighted material is prohibited. 2D artworks must be mounted on sturdy material and no larger than 24x30 inches with matting. Framed entries are not accepted. Include one digital image of artwork with your submission. 3D artwork submissions must contain 3 digital images of artwork at different angles. Image(s) are used for artwork identification, judging and exhibition purposes.

Students who identify as having a disability and may receive services under IDEA or ADA: Section 504 may enter in the Special Artist Division or grade division most closely aligned to their functional abilities. The Special Artist Division welcomes all grades and all abilities and offers non-artistic accommodations (e.g. adaptive technology; transcribing; holding a camera) for students to participate fully in PTA Reflections. Student assistants must refrain from being involved in the artistic process (e.g. developing an artist statement, choreography, music lyrics, storyboards, etc. Student recognition and awards are announced as part of the Special Artist Division.

By submitting an artwork to the "National PTA Reflections Program," entrants accept and agree to be bound by the official rules for participation as well as the entry requirements for their specific arts category and division. Additional state program requirements may apply. Any violation of these rules

