

2017
MAY

explorer

NEWS

principal's message

Dr. Joseph Backman

Fabulous Foothill Parents,

This is my last message for a PTA newsletter as the principal of Foothill Elementary. I would like to take this opportunity to thank each and everyone of you educators and parents for all that you do to make Foothill Elementary truly the best school in the world!

We have the greatest PTA I have ever seen! The Art Gala and Spring Concert were absolutely amazing! How incredible to see the beautiful artwork of every single student at Foothill. This was only possible because of the 100+ parents who have taught the students throughout the year amounting to thousands and thousands of volunteer hours. Seeing our school transformed into a museum, hearing our orchestra play like professionals, listening to our choir belt out their songs with gusto, and to feel the ballroom teams ignite the gym with energy made me feel so proud to be the principal at Foothill. I felt like we were at a pristine private school where only the best students could afford to attend. The amazing thing is that this evening is just one of so many ways our parent volunteers bring life to our school and supports our teachers so much. Here are a few of the other ways our wonderful PTA helps at Foothill: The Famous Foothill Fall Festival, Home Reading Library, Red Ribbon Week, Students of the Week, Reflections, Book Fairs, Battle of the Books, Knowledge Bowl, Spelling Bee, Teacher Appreciation Week and Dinners, Fuel Up to Play 60, and so much more! Thank you, thank you to all of our wonderful parents and to our phenomenal PTA!

The faculty at Foothill Elementary are the very best group of educators anywhere! They are the heart and soul of this school and have created it into what it is today. The moment you walk into Foothill you can feel of the positive culture that has been built because of the kindness and dedication of these teachers. Their work is much like the work of a mother: consistent, devoted, daily teaching and nurturing that is often overlooked or not noticed in the busyness of life. Our teachers continue to help our students learn to their full potential and achieve at very high levels. They always remember the whole child and help develop the qualities and characteristics in each student to help them become the best they can be. Each grade levels' program is evidence to developing these skills and dispositions of the students. The messages of joy, happiness, hard work, perseverance, and kindness are clear in these performances, and especially how they live them each day in the classroom and school. I can not thank our teachers enough for dedicating their lives to teaching your children so we can have a bright future.

I feel so optimistic about our future, because of these wonderful children. Each one has so much potential and will make such a difference in our community, nation, and even the world. It truly has been my greatest honor to be the principal at Foothill Elementary. I will miss all of you and especially the children. Gratefully, I still have a great month to enjoy. Please feel and know of my gratitude to each and every one of you!

Sincerely,
Dr. Backman (Dr. B.)
Principal, Foothill Elementary

Be Kind. Be Optimistic. Learn. Work Hard. And Live Life to the Fullest!

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Thank you
Dr. B for
everything
you've done
for Foothill
Elementary!

UPCOMING EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SAGE State Core Thru May 18	2	3	4	5
8 Early Out	9	10	11	12
15 Early Out	16	17	18	19 3K Spring Run-off 1:45
22 6th Grade Graduation 10:30am Early Out	23	24 Dance Festival 9:30am	25 Field Day (Last day of kindergarten)	26 Last day of school
29	30	31	1	

HAPPY BIRTHDAY!

Lynsi Zippro	May 2
Missy Fielding	May 9
Jamin Lloyd	May 15
Sherie Evans	May 17
Alisha Hagey	May 18
Janine Blaisdell	May 23
Wendy Fisher	May 23
Cathy Bulthuis	May 29

president's message

Amy Oakey

The tulips I planted back in the fall have all bloomed and filled my yard with beautiful color. I love to watch the progress and how well they developed over the course of time and with much needed care. As this school year comes to an end the students have blossomed into more knowledgeable and capable individuals all thanks to the much needed care and attention their teachers gave them. They are now ready to enjoy a well deserved summer break.

It's always amazing how fast the school year passes. We have had a great year and it's all because of the great support the PTA gets from so many volunteers. I wish I could publicly thank everyone individually for all their support, but that would be impossible. Thank you all!

The Art Gala was amazing! I would like to thank the art, music, and ballroom committees for all the time and work that went into it. Also, to all the parents who have come in each week to help the students learn. We have a lot of talent in our school.

I would like to thank the PTA board, especially Michelle Beus for serving as the secretary and keeping us organized. Also, I would like to thank Leah Thomas as the treasurer for keeping all the finances in order. I will be staying on as PTA president next year and we have most of next years board in place. Suzy Baller will be the secretary. Angela Jones will be the treasurer. And Jill Clark will continue on as the Legislative VP. We are still looking for someone to be president-elect.

I would like to thank Mrs. Wakamatsu for being the PTA teacher rep for the past two years. She has been a great asset in helping us know how we could best serve the students and the teachers at Foothill. Thank you!

I would like to thank Dr. Backman for all he has done for Foothill the past three years. We are grateful for all he has done to help bring in and manage all the technology we now have. He will do a great job helping to implement the same ideas into all the new schools who will be joining the Apollo Project concept next year. We appreciate all the time and care he has given to the students.

There are still great things happening as we finish out the school year. The 3K Fun Run, 6th Grade Graduation, and Field Day. Let's continue to give our great support!

Have a wonderful summer!

nursing news

NURSING NEWS- MAY 2017

When your family travels, being away from your household's usual eating and sleeping routines means it's more likely that someone might get sick. Children are especially vulnerable to travel-related problems such as motion sickness, diarrhea, and infections. HERE ARE SOME TIPS TO KEEP IN MIND AS YOU PREPARE FOR YOUR FUN SUMMER TRAVEL!

- Get plenty of rest, if possible, before your trip.
- If traveling on an airplane, drink plenty of water during the flight. Dehydration contributes to the side effects of jet lag.
- Motion sickness is caused by a conflict between the eye and ear: The inner ears detect movement, but the eyes do not. These mixed signals coming into the brain can cause nausea, dizziness, vomiting, paleness, and cold sweats. To help combat motion sickness:
 - *Before you leave, have children eat a light meal or snack.
 - *Try to avoid eating during short trips. For longer trips, sip drinks and eat light, small meals and snacks.
 - *If your child is feeling sick, provide bland foods, like crackers.
 - *If traveling by car, encourage children to look outside of car rather than inside.
 - *Make frequent stops, if possible, at places like rest stops and parks. Short walks and fresh air are very helpful.
- If traveling to a foreign country, drink only bottled water. Avoid food from street vendors.
- When you pack, include any medicines and other medical supplies you and your family use regularly because they may be hard to find at your destination. **DON'T FORGET INHALERS, ALLERGY MEDICINE, AND INSULIN IF NEEDED.**
- Other items you might want to pack: Tylenol, ibuprofen, a small first-aid kit, sunscreen, insect repellent containing DEET, and waterless alcohol-based hand rubs for when soap and clean water are not available.
- If your child has a chronic medical condition, do some research before your trip to find the hospital or medical care facility closest to your destination. If you're traveling overseas, try to find one where English is spoken.
- Carry a written copy of your child's medical history. Having this available can help health care workers make appropriate decisions about how to treat your child and you won't have to worry about forgetting important information at a time when you're likely to be upset.

MAY THIS BE YOUR BEST SUMMER EVER!!!!

Kim Lowe, RN, School Nurse