

Provided by your Foothill PTA

2017  
APRIL

# explorer NEWS

## principal's message Dr. Joseph Backman

Fabulous Foothill Parents,

I can't believe we are already to April this school year! I wanted to share some of the great things that have recently happened and share some exciting events coming up in these last weeks of school.

### IN THIS ISSUE

pres. message - 2

calendar & birthdays - 2

nursing news - 3

family engineering night - 4

art gala & concert- 5

other info - 6v

- We enjoyed our very first Family Engineering Night last month! Thank you to all who attended and made the night such a success. It was great to see so many parents working with their children to solve problems by engineering things together. (See pictures later in the newsletter)
- Our Ballroom Dance Team did very well at the BYU Team Match. The division 1 team received gold medals and were 3rd in the state of Utah. Way to go!
- Our Knowledge Bowl Teams did great at the district level and represented Foothill well. One of our 3rd/4th grade teams did not lose a single match.
- Foothill's Battle of the Books teams did well at the district level as they competed against many different schools.
- Congratulations to our PTA Awards winners: Shauna Crockett (Teacher), Amy Harward (Paraprofessional), Heather Nuffer (Volunteer), Emily Winter and Peter Alton (6th grade students). Each of them were awarded at the annual PTA Awards night dinner.
- The 4th grade did a great job as they performed their dances and songs to parents at their annual Wax Museum. Many great people from Utah were spotlighted that evening.

## out of the loop?

subscribe to the newsletter:  
[oremfoothillpta@gmail.com](mailto:oremfoothillpta@gmail.com)

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[www.facebook.com/FoothillPTA](http://www.facebook.com/FoothillPTA)

[www.foothill.alpineschools.org](http://www.foothill.alpineschools.org)  
[www.foothillpta.org](http://www.foothillpta.org)

## Dr. B's Readers

1st-2nd Grades  
Pippi Longstocking  
by Astrid Lindgren

3rd-4th Grades  
Because of Winn Dixie - by Kate  
DiCamillo (Newberry Winner)

5th-6th Grades  
Voyage of the Dawn Treaders - by  
C.S. Lewis (Dr. B's favorite series)

Here are some exciting and important things to be aware of these last weeks of school:

- Parent Input Forms and 3K Registrations are due April 21st
- Volunteer Appreciation Luncheon by the PTA is on April 26th at 11:30
- The annual Foothill PTA Arts Gala and Spring Concert are April 27th from 6:30-8:30. Come and see the amazing art from every student at Foothill.
- 5th Grade Hope of America is on May 11th at BYU
- Foothill's Annual 3K Spring Runoff is April 19th at 1:30. Look for registration forms to come home soon. If you or your business would like to sponsor Foothill Elementary through this event, please let us know.
- Our Dance Festival will be on May 24th at 9:30
- The last day of kindergarten will be on May 25th
- The last day of school is on May 26th

Thank you to our wonderful PTA, teachers, and all who make these great experiences possible. We look forward to seeing all of you at each of these events!

Sincerely,

Dr. Backman (Dr. B.)  
Principal, Foothill Elementary

Be Kind. Be Optimistic. Learn. Work Hard. And Live Life to the Fullest!

## UPCOMING EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Spring Break	4 Spring Break	5 Spring Break	6 Spring Break	7 Spring Break
10 SAGE State Core Thru May 18 Early Out	11	12 PTA Meeting 1-2, Library	13	14
17 Early Out	18	19	20 Orchestra Spring Fling	21
24 Early Out	25	26	27 Art Gala & Concert 6:30 - 8:30	28
1 Early Out				

### HAPPY BIRTHDAY!

Jan Burr	April 6
Kara Muir	April 19
Molly Miner	April 23
Whitney Kordsiemon	April 25

### NEXT MONTH:

May 19 - 3K Spring Run-off  
 May 22 - 6th Grade Graduation  
 May 24 - Dance Festival  
 May 25 - Field Day (last day of kindergarten)  
 May 26 - Last day of school

### Forget to order a yearbook?

Call, text or email Suzy Baller to be added to a waiting list. If we have enough extra copies at the end of the year, you will get the first chance to purchase a yearbook for \$12.00.

Suzy Baller - [suzyb@alexanders.com](mailto:suzyb@alexanders.com)  
 801-377-0878

**If you have pictures for the yearbook please submit them to [oremfoothillpta@gmail.com](mailto:oremfoothillpta@gmail.com) by April 30th. Thanks!**

## president's message

**Amy Oakey**

Happy Spring! I would like to start by thanking the many people for the time and energy they put into Foothill. The Art Program is a great program here at Foothill. Kelli Brown, Katrina Larson, Mary Billings, and Katie Sundberg do an amazing job at keeping it organized and running. We can't thank you ladies enough for all your hard work. This program also wouldn't be a success without all the parents who come in, once a week from October thru April, to teach the art concepts to the students. We thank you for your dedication to this program. The culmination of this program is an Art Gala that will be held on April 27th, where yet more time and help of many volunteers will turn the hallways of Foothill into an art showcase.

There are always a few behind the scenes volunteers who also help make Foothill great. We are so thankful for Gina Anderson for her work on Student of the Week, Joelle Slade for doing the teacher birthdays, Aimee Moore for doing Box Tops, Julie Riley for organizing our Classic Skate nights, Cyndi Jordan for putting together the newsletter, Suzy Baller for doing the yearbooks, Kim Riggs for running the Fuel Up to Play 60 program and Katrina Larson for organizing the ski school. We also want to thank Jill Clark for running the take home reading library, along with all the parent volunteers who help her.

Last, but certainly not least, we want to thank Liz Livingston, Heather Nuffer, Jessica Price, Karen Brotherson, Emily Powers, and Tamie Heaton for all they do for Kindergarten music, choir, orchestra, and ballroom. The choir, orchestra, and ballroom will all be doing performances at the Art Gala. There are so many great things that happen at Foothill and it is because of the great volunteers that we have who give so much of their time to help.

As you all know by now, Dr. Backman will be working at the district next year. We as a PTA would like to take this opportunity to thank him for all he has done for Foothill. He will be greatly missed and we wish him the best of luck in all his future endeavors.

Mr. Jeremy Brunner will be coming on as Foothill's new principal. We are excited to be working with him and look forward to what he will bring to Foothill.

Our last PTA meeting, for the year, will be held Tuesday, April 12 from 1-2 PM in the library. As we begin planning for next year, we would like input on what time would be best for PTA meetings. Please email [oremfoothillpta@gmail.com](mailto:oremfoothillpta@gmail.com) with any thoughts or suggestions you might have.



# nursing news

NURSING NEWS- APRIL 2017

PINKEYE OR CONJUNCTIVITIS is very common in children and is an inflammation of the conjunctiva, the clear membrane that covers the white part of the eye and the inner surfaces of the eyelid.

Pinkeye can be caused by many of the bacteria and viruses responsible for colds and other infections including ear infections, sinus infections, and sore throats. Pinkeye can also be caused by allergies to grass, ragweed pollen, animal dander, and dust mites. Sometimes a substance in the environment e.g. smoke and fumes can irritate the eyes and cause pinkeye.

PINKEYE CAUSED BY A BACTERIA OR VIRUS IS VERY CONTAGIOUS. A child can get pinkeye by touching an infected person or something an infected person has touched e.g. a used tissue. In the summertime, pinkeye can spread when kids swim in contaminated water or share contaminated towels. It can also spread through coughing and sneezing.

PINK EYE CAUSED BY ALLERGIES OR ENVIRONMENTAL IRRITANTS IS NOT CONTAGIOUS!

If your child has symptoms of pinkeye, it's important to see a doctor. Some kinds of pinkeye go away on their own, but others need treatment.

- Discomfort in the eye (it feels like there is sand in the eye)
- Redness of the eye and inner eyelid
- Discharge from the eyes which may cause the eyelids to stick together when a child wakes up in the morning.
- Swollen eyelids
- Sensitivity to bright light

If a doctor thinks that the pinkeye is due to a bacterial infection, antibiotic eye drops or ointment will be prescribed. **THE ANTIBIOTIC MUST BE USED FOR A FULL 24 HOURS BEFORE RETURNING TO SCHOOL!!** Pinkeye caused by a VIRUS usually goes away without any treatment. However, it is still important to keep your child home for a short time to prevent spread to other children in the classroom. The doctor will tell you when your child may return to school.

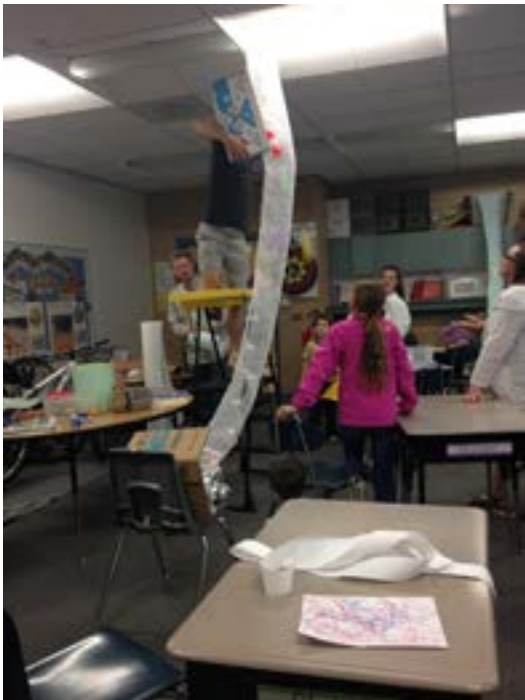
## PREVENTION

- Teach children to wash their hands well and often with warm water and soap.
- Teach children to not share eye drops, tissue, eye makeup, washcloths, towels, or pillowcases with other people.
- Wash towels and other linens that the child has used in hot water separately from the rest of the family to avoid contamination.

IF YOUR CHILD HAS BEEN DIAGNOSED WITH PINKEYE AND STARTS TO DEVELOP INCREASED SWELLING, REDNESS, AND TENDERNESS IN THE EYELIDS AND AROUND THE EYE, ALONG WITH A FEVER, CALL YOUR DOCTOR. THESE SYMPTOMS MAY MEAN THE INFECTION HAS STARTED TO SPREAD BEYOND THE CONJUNCTIVA AND WILL NEED FURTHER TREATMENT!

Kim Lowe, RN, School Nurse

# FAMILY ENGINEERING NIGHT WAS A GREAT SUCCESS!



**FOOTHILL'S  
8TH ANNUAL**

# Art Gala AND Concert

**APRIL 27, 2017  
6:30-8:30 PM  
AT THE SCHOOL**

**CONCERT** BALLROOM, CHOIR & ORCHESTRA  
**7:00 PM**  
**IN THE AUDITORIUM**

# Is Your Child Struggling?



Come and learn the science of stress and how to recognize the signs and symptoms of toxic stress. Then, come back and learn ways to support healthy behaviors, relationships and resilience in your child.

## Free 2 Part Series

**Part 1- "Parenting Children Through Stress & Adversity"**  
on April 13th from 6 to 7:30 PM

**Part 2- "Resilience Strategies"**  
on April 20th from 6 to 7:30 PM

Both classes held at:  
1255 N 1200 W Orem, UT 84057

Contact Hannah to learn more and  
reserve your spot:  
[hchisholm@utahvalleyfamilysupport.org](mailto:hchisholm@utahvalleyfamilysupport.org)  
(801) 229-1181





Special needs,  
extraordinary potential



# **SUMMER IS COMING!**

Thursday, April 27, 2017  
6:30–7:15 Workshop  
7:15-8:00 Information Booths

## **PLANNING FOR MAJOR TRANSITIONS Workshop**

Holidays, beginning and ending of the school year can be tough transitions. Routines, schedules and knowing what to expect can be crucial in successfully managing difficult behaviors. We will explore how behavior can change and be impacted by changes in a child's schedule and daily routine, as well as by major life transitions. Simple planning and intervention tools to help with transition from school year structure to summer activities will be presented.

## **SUMMER ACTIVITIES Booths**

Come gather information on summer activities for your student, including resources from:

Speech	Preschool
Fine Motor	Gross Motor
Apps	Early Intervention
Community Activities	and MORE

***Open to all parents who have a student who is struggling,  
on a Section 504 Plan or an IEP.***

**Legacy Elementary Media Center, 28 East 1340 North, American Fork**

**Childcare is not provided.**

For information on Parent Nights and other upcoming events visit

<http://alpineschools.org/specialeducation/>

Or Facebook at <https://www.facebook.com/UPCAlpine>

Questions? Please contact Maria Wiscombe 801-318-1959 or [maria@utahparentcenter.org](mailto:maria@utahparentcenter.org)

# *Steampunk*

## *Family Night*



**April 28, 2017**

**5:00pm to 8:00 pm**

**[www.lehi-ut.gov/discover/  
hutchings-museum](http://www.lehi-ut.gov/discover/hutchings-museum)**

**385-201-1020**

**\$5 per person age 3 & up**

*Wearing costumes is fun  
but not required !*

## **Hutchings Museum**

**55 N. Center St. Lehi, Utah**





## Space Center Camps

When looking for a great activity for students ages 10-16 to participate in this summer, check out the Christa McAuliffe Space Education Center. Students take on the role of crew members in a starship simulator set 300 years in the future. During their mission crews will test their skills in communication, critical thinking, collaboration, and will have to creatively problem solve to overcome many challenging situations. Camp options vary in length and prices, ranging from \$40-\$150 with all camps include at least one meal.

Visit [spacecenter.alpineschools.org/camps](https://spacecenter.alpineschools.org/camps) for more details.

