

2013
OCTOBER

explorer NEWS

principal's message Dr. Joseph Backman



Fabulous Foothill Parents,

We have enjoyed a fantastic first month of school. I can't believe it is October already. I want to tell you about some of the great things happening at Foothill Elementary.

First of all, the Fall Festival was a HUGE success. I had a blast walking around looking goofy and seeing how happy all of the kids were. It was also great to meet so many of you. It was not just a school event, but a great community event. What a fantastic tradition. Thank you for all of your support and generous donations to the PTA. All of the money raised is used to support the learning of our wonderful students. Hats off to our amazing PTA. I have never seen a fall festival—or any event for that matter—where so many PTA volunteers dedicate their time and talents to create such a phenomenal experience! Thank you PTA!

As I mentioned in last months newsletter, my goal is to get to know each student at Foothill as well as their names. "Recess with Dr. B" has been the highlight of each day for me. I have met with five students from every class since the beginning of school and have enjoyed connecting with each student as they talk about things they like. I will continue to rotate through the classes until I meet all of your great children. I also enjoy visiting students in the lunchroom and their classrooms regularly. I love being your children's principal!

Last, but surely not least, I want to thank all of our incredible teachers at Foothill. They truly are such dedicated teachers that do so much to ensure the students are happy, safe, and that they love to learn. I feel that each time I enter a classroom at Foothill. The achievement and growth scores also reflect the amazing work our teachers do. I applaud each of them for helping our school earn an A grade for achievement and growth of each student last year. At Foothill, our students are achieving on average above 90% in language arts, mathematics, and science. To do something effectively 90% is astounding in almost any setting, but when hundreds of students are involved it is even more amazing. In addition to achievement, students are also growing academically very well. I appreciate all that our wonderful teachers do. They are truly our fabulous Foothill faculty!

I am honored to be the principal at Foothill Elementary!

Sincerely,

Dr. Backman

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out of the loop?

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www.foothill.alpineschools.org
www.foothillpta.org

Dr. B.'s Readers

1st-3rd Grades
A to Z Mysteries: The Absent
Author – By Ron Roy

4th-6th Grades
The Witch of Blackbird Pond –
By Elizabeth George Speare

UPCOMING EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Book Fair	2 Parent/Teacher Conferences Book Fair	3 Parent/Teacher Conferences Book Fair	4 Book Fair
7 Early Out Red Ribbon Wk	8 Red Ribbon Wk Free Classic Skate Night	9 Red Ribbon wk	10 Fall Break No School	11 Fall Break No School
14 Fall Break No School	15	16	17 Make-up Pictures SPED Night	18
21 PTA Meeting Early Out	22 Dr. B's Readers	23	24	25
28 Early Out 6th Grade Clear Creek	29 2nd Grade Program 6pm 6th Clear Creek	30 6th Grade Clear Creek	31 Halloween Parade	1

HAPPY BIRTHDAY!

Steve Green - 4th

Diane Thayer - 7th

Lauren Muir - 20th

Kris Pinegar - 24th

NEXT MONTH:

Nov. 4 - Reflection Entries Due

Nov. 18 - PTA Meeting
11:30 a.m.

president's message
Kelli Brown

Fall Festival was a huge success. We brought in approx \$28,600, with expenditures of \$7,274.90, and therefore had a net gain of about \$21,325.10! A lot of this money has been allocated for the current programs we fund during the year. However, there is a large portion of money that we will be able to allocate to items not currently on the budget. We are excited to see what the PTA can do to enhance the learning experiences for our students at Foothill.

Items we were able to pay for last year with our additional budget:

- Full classroom set of ukeleles for Explorer Time
- 7 Microphone sound systems for the upper grades
- Supplies for the Anti-bully campaign that the 3rd grade organized
- Needed books in the 1st grade
- Incubators for the 2nd grade

Having said that...on Monday, October 21st (new date) at 11:30 am, we will be holding our monthly PTA meeting in the library. At that time we will be discussing the opportunities for this year's money, take a vote, and get that money spent in our school so that our teachers and kids can start enjoying the fruits of our labor. Please bring any ideas of your own, and encourage your teachers to apply for grants to help in their individual or grade level needs. This is where you can come and make a difference in your school.

I cannot express enough appreciation to all the parents that sacrificed so much to plan, prepare, and pull off the most successful Fall Festival to date! I especially want to mention Nan Black, Shayne Young, Amy Hulme, Erin Brown, and their families for all the time and effort they personally donated. We also appreciate Dr. Backman, the teachers, and parents that worked many hours before, manned the booths, made cookies, spent money on all the exciting food, games, auction items, and then the clean up crew and money counters....what a night! Thank you!!!

Please watch for information on all PTA programs at www.foothillpta.org

THE news

FALL FESTIVAL - GIFT CARDS STILL AVAILABLE!

Check out the list on page 6 of the newsletter. If you are interested in any of the items, call Amy Hulme at 801-471-6783 or email her at amyhulme@gmail.com

REFLECTIONS 2013 - DUE NOVEMBER 4

"Believe, Dream, Inspire"



PTA REFLECTIONS

We have an exciting new theme this year for Reflections! What an opportunity to try something creative! Draw a picture, write a story, take a picture, make some music!

All entry forms can be found on our website at: www.foothillpta.org under "Announcements" click on "Reflections Forms Posted." Be sure to fill out ALL entry forms and follow directions for how to prepare your entry. All entries are due to our school by Monday November 4th. There will be no late exceptions!

If you have questions, please feel free to contact Sarah Warnick at: foothillreflections@gmail.com

BOOK FAIR - OCTOBER 1-4

Tues.: 11:15 a.m. - 12:30 p.m. & 3:30 p.m. - 4:30 p.m.

Wed./Thu.: 11:15 a.m. - 12:30 p.m. & 3:30 p.m. - 7:30 p.m.

Fri.: 11:15 a.m. - 12:30 p.m.

RED RIBBON WEEK - OCTOBER 7-9

Monday Oct. 7th - Pajama day

Tuesday Oct. 8th - Crazy hair day

Wednesday Oct. 9th - Physical Fitness Day



RED
RIBBON
CAMPAIGN

Family Skate Night

Foothill Ele. at Classic Fun Center
Tuesday, Oct 8th
5:30 - 8:30 pm

Skate Rental - \$2
Blades - \$3 and up
Scooters - \$3

You may bring your own skates, blades, or scooters

\$3 Dinner Deal

Nachos + drink
Pizza + drink
or
Hot dog, chips + drink

Purchase at front window



Rollin'fun
for the
whole family!

See
you
there!

**FREE Admission for you
and your whole family!**

Bouncing and Space Station Climbing Activities
Enjoy both activities for \$3 per person

250 South State Street, Orem 801-224-4197



MORE news

LOOK WHAT A COMMUNITY/PTA CAN DO!

To all who have signed our petition to the City of Orem to install a sidewalk on the south side of 800 North: Hip Hip Hooray! They have approved our petition and will install a 'temporary' sidewalk this fall (meaning gravel and a barrier) and in the future we will get a permanent sidewalk as UDOT's plans on 800 North develops (which could still take a long time.) Cirque

Lodge has agreed to move a section of their fence to provide enough room for this temporary sidewalk. Thanks for everyone who helped make this happen! Every signature counted!"

This is truly a safety issue for the kids at Foothill, so thanks for ALL your efforts re: the kids at Foothill!

SPED PARENT NIGHT

Co-sponsored by Alpine School District Special Education Department and Utah Parent Center
Thursday, October 17, 2013

Legacy Elementary, 28 East 1340 North, American Fork, Utah

Preschool: 5:30-6:20 p.m. - School Age: 6:30-7:30 p.m.

October's Parent Night will focus on using video self-modeling to teach social, academic, and independent living skills to individuals with autism and other developmental disabilities. Jacob Figueira, an Alpine School District teacher with experience in this area, will be presenting information on how parents can use video self-modeling at home to help their students progress in their specific areas of need.

For more information visit the Special Education Community Calendar at <http://alpineschools.org/departments/special-education/community-resource-calendar>.

Questions, please contact Maria Wiscombe at maria@utahparentcenter.org.

COMMUNITY COURAGE TO CARE - A Seminar on Keeping Our Youth Safe!

Alpine School District will host a youth protection seminar for parents during the month of October. Topics for the evening cover substance abuse, bullying, mental health (including teen suicide), and Internet safety. The sessions begin at 7:00 p.m. and conclude at approximately 8:30 p.m. at the following locations: American Fork High School (Oct. 15), Westlake High School (Oct. 16), and Mt. View High School (Oct. 23). Parents are invited to attend at the most convenient location and date. The keynote address and workshops will be very practical and informative. Come to learn, share, and ask questions.- See the attached flyer.

SUBMISSIONS TO THE NOVEMBER NEWSLETTER ARE DUE MONDAY, OCTOBER 28.

EMAIL oremfoothillpta@gmail.com

WITH NEWSLETTER AS THE SUBJECT.



NURSING news

From 2003-2007, more than 20,000 Utah bicyclists were hurt or killed in crashes with motor vehicles. In 2008 only 36.5% of Utahns wore a helmet and in 2009 almost 77% of teens rarely or never wore a helmet! Wearing a bike helmet can reduce the risk of head and brain injuries by 85-88%. In 2007 in the U.S., 92% of bicyclists killed in crashes were not wearing a helmet.

HOW DO HELMETS PROTECT YOUR BRAIN?

Imagine your brain as gelatin jiggling around in your skull. When your skull comes to an abrupt stop, the vulnerable brain hits the inside of the skull and injury occurs (concussion or worse). A helmet reduces the severity of that impact through crushable foam which absorbs some of the crash energy.

SAFETY TIPS

1. Always wear a helmet when you ride a bike.
2. Be sure your helmet is safety approved by the Consumer Product Safety Commission (CPSC). This information can be found on the packaging of a new helmet.
3. Your helmet should fit snugly.
4. Your helmet should rest low and level on your forehead, just above your eyebrows. When you open your mouth to yawn, you should feel pressure on top of your head.
5. Always fasten the strap. The strap should form a "V" below your ears.
6. You should only be able to fit two fingers from your eyebrow to the brim of the helmet and two fingers under the chin strap.
7. Adults should set a good example for children by wearing a helmet.

COST TO UTAHNS

If every Utah bike rider wore a helmet, each year it would prevent an estimated:

- *Three deaths
- *59 hospitalizations
- *920 emergency department visits
- *The loss of over \$18 million in health care costs

HELMETS ARE CRUCIAL IN PROTECTING YOUR LIFE WHETHER YOU'RE RIDING YOUR BIKE, ATV-ing, SKIING, OR PLAYING CONTACT SPORTS AMONG MANY OTHER THINGS.
PLAY SAFE AND WEAR YOUR HELMET!!!!

AUCTION ITEMS STILL AVAILABLE

ITEMS		VALUE	Value Price
Jensen's Candy	Box of Thin Mints (\$6)	\$6	\$4
Red Butte Garden	Family Membership (\$65) or Circle of Friends (\$75)	\$65	\$25
Utah Museum of Fine Arts	Family Membership	\$65	\$30
Allen's Camera	Gift Certificate for one metal clock or wall art (\$50)	\$50	\$15
Cross Fit	Month Memberships (\$150)	\$150	\$40
Utah Grizzlies	4 Tickets @ \$19	\$76	\$20
Atlantis Casino Resort Spa - Reno	2 Night Stay	\$200	\$50
Valley Center Playhouse	2 Tickets (\$14)	\$92	\$8 for both
Garden Alive	\$25 Gift Certificate	\$25	\$10
Brighton Resorts	2 Nite Voucher (\$36)	\$72	\$30
Amy's Martial Arts	Martial Arts for Month @\$100	\$100	\$10
Tuacahn	4 Tickets to Andrew Lloyd Webber's Starlight Express Valid Tues or Thursday until October 17th	\$158	\$40
GIFT CARDS			
Spencers	2 Entrees (\$50)	\$50	
Edible Arrangements	\$50 Gift Certificate	\$50	
Mrs. Cavanaugh's	\$20 Gift Cards	\$20	
Subzero Ice Cream	3 \$5 Gift Cards (exp 10/31/13)	\$15	
Chuck a Rama	4 Buffet Meals (\$13)	\$52	
Crackel Barrel	2 Meals	\$18	
Roll Up Cafe	\$10 Gift Card	\$10	
Sammy's	\$40 Gift Card	\$40	
Texas De Brazil	\$50 Gift Certificate	\$50	
Wild Mustang Bakery and Grill	\$25 Gift Cards	\$25	
Wiseguyz Pizzeria	4 \$5 Gift Certificates	\$20	
Alphabet Station	\$35 Gift Card	\$35	
Rod Works	4 \$10 Gift Cards	\$40	
Sherwin-Williams	\$50 Gift Card	\$50	
Sister Missionary	\$50 Gift Card	\$50	
Old Towne Grill	\$25 Gift Certificates	\$25	
Kwal Paint			
VALUE GIFT CARDS			
		Value	Value Price
Classic Skating	Family Pass Skating @\$15	\$15	\$6
Beehive Cheese Creamery	\$25 Gift Certificate	\$25	\$15
Fat Boy	2 Gift Cert. for Fat Boys @ 5.99 each	\$12	\$8
Artic Circle	2 2 Free Medium Size Combos (\$17)	\$34	2 for 412
Burger King	4 Whoppers @ \$3.90	\$16	4 for \$10
Carl's Jr	3 burgers, fries, and drinks (\$8.2)	\$24	2 for \$12
Albion	\$100 Gift Card	\$100	\$80
Mikarose	\$100 Gift Certificate	\$100	\$80
OtterBox	\$60 Gift Card	\$60	\$35
Out N Back	2 Free Ski/Snowboard Day Rental (\$20)	\$40	\$12 each (x2)
Farr's Ice Cream	Dozen Cookie -Certificates (\$15)	\$15	dozen for \$10

Community

Courage to Care



A Seminar on Keeping Our Youth Safe

presented by



Alpine School District

Topics Covered:

- Substance abuse
- Bullying
- Mental health (including teen suicide)
- Internet safety

October 15, 2013

American Fork High School
7:00 - 8:30 p.m.

510 N 600 E, American Fork

October 16, 2013

Westlake High School
7:00 - 8:30 p.m.

99 N 200 W, Saratoga Springs

October 23, 2013

Mountain View High School
7:00 - 8:30 p.m.

665 W Center, Orem